

2018 International Rural Nursing Conference

Advancing Rural Health through our REACH:

Research, Empowerment, Academics, Clinical Practice and Health Promotion

July 23-26, 2018 | Nashville Airport Marriott | Nashville, Tennessee

Monday, July 23

5:00 – 7:30 pm **Conference Packet Pickup & Welcome Reception** Capitol Ballroom
(Complimentary water, soda, snacks, & cash bar)

Tuesday, July 24

7:00 am – 5:00 pm **Registration Desk Open** Hermitage Room

7:00 – 8:15 am **Poster Set-Up** (Poster Authors) Nashville Ballroom

7:15 – 8:15 am **Breakfast** Cumberland Ballroom

8:15 – 9:00 am **Welcome** Cumberland Ballroom
Sheila Ray Montgomery, EdD, MSN, RN, President, RNO

Opening Keynote: Rural Nursing – Advancing the Value Proposition

Mona Hohman, Vice President of Patient Services, Sanford Health Network

9:00 – 10:00 am **General Session: Use of Research to Promote Social Justice in Health Care in Communities of Color** Cumberland Ballroom
Pamela Payne Foster, MD, MPH, Associate Professor and Deputy Director, Community Medicine and Population Health and The Institute for Rural Health Research, The University of Alabama

10:00 – 10:45 am **Poster Presentations** Nashville Ballroom

10:45 – 11:15 am **Concurrent Sessions**

Collaborative Strategies for Increasing Rural/Underserved Primary Care: An APRN Traineeship Immersion Experience	Salon A
The Arizona Rural Health Professions Program: A "Grow Our Own" Strategy	Salon B
Empowerment & Engagement: Key Drivers of Retention and Quality Patient Outcomes in Rural Settings	Salon C
Cultural Competency Issues with Rural Appalachian Patients: The View from Native Appalachian Nurses	Salon F
Transforming your practice project into a publication	Salon G
Addressing Childhood Obesity using Motivational Interviewing and a Healthy Lifestyle Program Pathway in a Rural Alabama Population.	Salon H

11:15 – 11:25 am Break

11:25 am – 11:55pm Concurrent Sessions

Let Us Tell You About Our Life-Changing Experience with the National Health Service Corps	Salon A
Direct to Consumer Telehealth Education Modules for Rural Healthcare Providers	Salon B
Rural Nursing - The Frontline Care for Workers in Production Agriculture	Salon C
Food insecurity is not associated with fast food consumption in rural Appalachia	Salon F
Investigating the Use of Nurse-Navigated Mobile Messaging Support for First-time Mothers' Following Cesarean Birth	Salon G
Matters of Your Heart 2,0	Salon H

11:55 am – 1:00pm Lunch Cumberland Ballroom

1:00 – 2:00pm General Session: Cumberland Ballroom
The Health Wagon: Nurses Empowering Rural Healthcare
Teresa Tyson, DNP, MSN, FNP-BC, FAANP, Executive Director, The Health Wagon
Paula Hill, DNP, FNP-BC, FAANP, Clinical Director, Nurse Practitioner, The Health Wagon

2:00 – 2:15pm Break

2:15 – 2:45pm Concurrent Sessions

Incorporating Clinical Experiences at a Community-Based Free Clinic to Improve Nursing Students' Understanding of Rural, Medically Underserved Populations	Salon A
Educating Nurses to Improve Health Literate Communication	Salon B
Advocacy 101 for Rural Nurses and Healthcare Providers	Salon C
Preventing Neonatal Abstinence Syndrome (NAS) in Appalachia by Expanding Access to Family Planning and NAS Education Services in County Jails	Salon F
Demonstrating Rural Nursing as a 'Place-based Practice': A Study Set in New Zealand	Salon G
Healthcare Professionals' Comfort Caring for LGBT Patients and Assessing LGBT Health in a Rural State	Salon H

2:45 – 2:55 pm Break

2:55 – 3:25 pm Concurrent Sessions

Forging Academic-Practice Collaborations in Rural Health through Telehealth Technologies	Salon A
High Impact Learning Strategies to Support Care of Rural Populations	Salon B
Addressing opioid-related resurgence of Hep C: What rural community health centers can do	Salon C
An exploratory mixed methods study of rural and urban RNs experience of clinical reasoning: It's about following rules and time	Salon G
In Theory, I agree. The Perceptions of Palliative Care in Rural America.	Salon H

3:25 – 3:55 pm Posters Presentations Nashville Ballroom

3:55 – 4:25 pm Concurrent Sessions

Predictors of Success in a Rural Nurse Practitioner Program	Salon A
Increasing Capacity to Treat Tobacco Dependence in Rural Communities	Salon B
From Crimson to Bluegrass: Promotion of Rural Health Initiatives	Salon C
Interface of Prelicensure Clinical Education, Case Management and Rural Nurse Theory in Appalachian Primary Care Clinics	Salon F
Indigenous Spirituality as it Relates to Quality of Life at End of life	Salon G
Resiliency training for diabetic adolescents in a rural community	Salon H

4:25 – 4:35 pm Break**4:35 – 5:05 pm Concurrent Sessions**

Increasing Undergraduate and Graduate Nursing Students' Awareness of Health Literacy in a Rural Population	Salon A
Southern Cooking Done Light: Student Nurses Promote Healthy Dietary Practices in Rural Alabama	Salon B
Adolescents' perceptions of a gardening activity at a juvenile justice center	Salon C
Moderating Cardiovascular Disease Risk Factors within Rural Community Settings	Salon F
The Utility of Augmentative and Alternative Communication Devices for Families of Children with Complex Communication Needs	Salon G
An Exploration of Compassion Satisfaction, Burnout, and Compassion Fatigue in a Large Regional Healthcare System	Salon H

Wednesday, July 25**7:30 am – 5:30 pm Registration Desk Open** Hermitage Room**7:30 – 8:30 am Breakfast** Cumberland Ballroom**8:30 – 9:30 am General Session: Improving the Health and Wellbeing of Rural Kentuckians** Cumberland Ballroom*Frances Feltner, DNP, MSN, RN, FAAN, Director, Center for Excellence in Rural Health, College of Medicine, University of Kentucky***9:30 – 10:30 am Poster Presentations** Nashville Ballroom**10:30 – 11:00 am Concurrent Sessions**

Rural Nursing: What Can Faculty do to Prepare Students to Provide Care for These Vulnerable Populations?	Salon A
Making a Difference in Rural Alabama: The Healthy Kids Project	Salon B
Health Promotion of Rural Children with the Utilization of Teach-Back as a Patient Education Tool in Rural Mothers With Low Health Literacy	Salon C
The Impact of a Rural Nurse Residency Program on Newly Licensed Nurse Retention	Salon F
Enhancing Student Learning Through Community Collaboration	Salon G
Creative Interventions to Alleviate Compassion Fatigue in a Small Rural Hospital	Salon H

11:00 – 11:10 **Break**

11:10 – 11:40 am **Concurrent Sessions**

Pediatric Clinical in Rural Settings: The Camp Nurse Experience	Salon A
Implementing a Tele-Hospitalist Program: Implications for Nursing Care	Salon B
Eating Healthy in the Mountains	Salon C
A Transdisciplinary Approach to Understanding American Indian Youth and Elder Viewpoints on the Significance of Culture, Language, Education, and Relationships for Youth Identity and Well-being.	Salon F
Predictors of Depressive Symptoms in Rural Heart Failure Caregivers	Salon G
Taking Control of Type 2: A Collaborative Community Health Initiative	Salon H

11:40 am – 1:00 pm **Lunch and Awards**

Cumberland Ballroom

1:00 – 1:10 pm **Break**

1:10 – 1:40 pm **Concurrent Sessions**

Preparing Primary Care Nurse Practitioners to Increase Access to Care in Rural Alabama	Salon A
Tips to Publish Your Thesis Project or Dissertation	Salon B
Refugee Health in Rural America: Global Health is Local Health	Salon C
An Integrative Review of the psychological impact on nurses in rural practice who care for others who have experienced a traumatic event.	Salon F
Improving Nursing Care in Rural Communities through Poverty Simulation	Salon G
Rural Children Speak about their Experiences and Ideas of Promoting Physical Activity	Salon H

1:40 – 1:50 pm **Break**

1:50 – 2:20 pm **Concurrent Sessions**

Integration of Telehealth with Rural Populations in Nursing School Curriculum	Salon A
Moving Mountains: Using Implementation Science to Guide Nursing Practice Change in a Rural Healthcare System	Salon B
Professional and Organizational Collaboration for Healthcare Legislation	Salon C
Use of the FAR (Frontier and Remote) Taxonomy in Nursing Research	Salon F
Partnering to REACH out to Community-dwelling Rural Older Adults	Salon G
Recruiting Rural Nurses to Become Advanced Practice Registered Nurses in Rural Colorado – Phase One	Salon H

2:20 – 2:30 pm **Break**

2:30 – 3:00 pm Concurrent Sessions

Faculty Attitudes Facing IPE: Changes In Healthcare Education	Salon A
Nurse Practitioner Student Placements in Rural Areas: Challenges and Opportunities	Salon B
Telehealth: What Nurses and Nurse Practitioners Need to Know	Salon C
Experiences of Rural Nurses: Impacts on Decisions to Commute for Employment	Salon F
Reliability Testing of Augmented Reality Glasses Technology for Telewound Care	Salon G
Evidence-based practice: Solutions for the opioid addiction crisis in rural populations	Salon H

3:00 – 3:10 pm Break

3:10 – 3:40 pm Concurrent Sessions

Graduate Nurses' Storytelling Through Blogging and Podcasting	Salon A
An Appalachian Perspective of Alzheimer's disease: A Rural Health Nursing Opportunity	Salon B
Engaging rural patients in research that involves training in meditative practices: Religious concerns and nursing implications	Salon C
Elevated blood pressure in rural preschool children is linked to mother's blood pressure during pregnancy	Salon F
End of Life Care in the Rural Setting	Salon G
Appreciating rural nurses' contribution to the delivery of health care through narrative inquiry and photo images: A study situated in New Zealand	Salon H

3:40 – 4:10 pm Poster Presentations Nashville Ballroom

4:10 – 5:10 pm General Session: Changing Work/Life Behaviors of Cumberland Ballroom
Farmers Through Community-based Theater
Deborah Reed, PhD, MSPH, RN, FAAOHN, FAAN, Professor, Distinguished Service Professor and Good Samaritan Endowed Chair, University of Kentucky College of Nursing

5:10 – 6:10 pm Poster Removal Nashville Ballroom

Thursday, July 26

7:30 am – 11:30 pm Registration Desk Open Hermitage Room

7:30 – 8:30 am Breakfast Cumberland Ballroom

8:30 – 9:30 am General Session: Rural Nurse Organization Round Table Discussion

9:30 – 9:40 am Break

9:40 – 10:40 am General Session: Nursing in the Digital Age: Cumberland Ballroom
Telehealth and the Transformation of Care
David Cattell-Gordon, Director, Office of Telemedicine, Center for Telehealth, University of Virginia

10:40 – 11:00 am **Closing Remarks**

12:00 – 6:00 pm **Optional Tour to Carnton and Belle Meade Plantations** *(for those registered)*