



**WEAREOLLI**



**Fall 2016 Course Catalog**

**OLLI at The University of Alabama**

Tuscaloosa • Gadsden

Greater Birmingham • Greensboro

North Pickens • South Pickens

**(205) 348-6482 • [olli.ua.edu](http://olli.ua.edu)**

# A Message from President Bell



UA President's Mansion

On behalf of The University of Alabama, congratulations on another successful semester at the Osher Lifelong Learning Institute! I am always delighted to hear updates on the program, as OLLI continues to invest resources for the benefit of the people of our state. The steady growth in membership and regular attendance and involvement of your members are indicators of great success. I commend each of you for your service and commitment to excellence of education for lifelong learners.

OLLI is a particular point of pride for the Capstone, offering a unique learning environment through the College of Continuing Studies to citizens across Alabama. I am proud of the varied opportunities and resources that OLLI provides to mature adults, ever focused on introducing programs that support intellectual stimulation, cultural development and social interaction. With so many locations across our state, OLLI proves that it shares in the University's mission to advance the intellectual and social condition of the people of our state.

At the University, enriching lives is one of our primary goals, and OLLI helps us to do that. I look forward to hearing about OLLI's continued success!

Roll Tide,

Stuart R. Bell  
President, The University of Alabama

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## Important Reminders!

### Registration Tips:

To allow as many members as possible to participate, we would appreciate your cooperation.

- Only register for courses you plan to attend.
- If your plans change, promptly contact Registration Services at 205-348-3000 to drop the course.
- Register for only one course per any given day and time slot.
- Only participants who are registered for the course/ trip will receive communication from the OLLI office or instructor.
- Bonus Programs are open to the public; no registration needed.
- Using a credit card is the preferred method of payment.
- Once registered, you may review your Order History online <https://training.ccs.ua.edu/jsp/login.jsp>

### Cancellations:

OLLI reserves the right to cancel courses, programs, or trips as necessary due to insufficient enrollment, inclement weather, etc. If classes are cancelled for any reason, registered participants will be contacted via email and/or phone.

### Membership Renewal

Membership renewal is fundamental to sustaining quality programming and lifelong learning experiences for people in our community. Some members have commitments that preclude them from participating in the programs, but by maintaining their membership each year they help to provide lifelong learning for others. It also ensures we will be here when they are ready to get more involved.

### Scholarships

A scholarship fund was established through a Community Grant to assist mature adults interested in lifelong learning.

For scholarship assistance contact Jennifer Anderson at 205-348-3002 or complete the scholarship form on our website, [olli.ua.edu](http://olli.ua.edu).

## Pre-recorded lectures available online

Can't make it to a class this semester? Then take a course on your own computer. We have made it easy to continue lifelong learning from your own home. You may watch the course online, just as if you were sitting in the classroom. As a member, you have access to the video library at no additional charge. Once you register to let us know you are interested in the pre-recorded courses, we will receive a notification and send you an email with the link. Our current library includes:

- A Potpourri of 20th Century Women** *presented by Jill Stokley*
- Cuba** *presented by Dana Harper*
- George Washington** *presented by Richard Rhone*
- Military Leaders** *presented by various instructors*
- Mini-medical School** *presented by various doctors*
- Revolting Women** *presented by Richard Rhone*
- Origins and Conduct of World War I** *presented by Bruce Burrows*
- The Nation Makers** *presented by Richard Rhone*
- U.S. Presidents** *presented by R. L. Guffin*
- World War II, Europe** *presented by Bruce Burrows*

# “Leading the Way in Lifelong Learning”

Osher Lifelong Learning Institute at The University of Alabama (OLLI) is leading the way in lifelong learning for mature adults in Central Alabama. OLLI is a membership program, led by volunteer members. Membership has reached an all-time high of 1853 members and we are still growing! Come explore programs at any of our six locations: **Tuscaloosa, Gadsden, Greater Birmingham, Greensboro, North Pickens and South Pickens.**

Search the fall catalog and you will discover 130 courses, 36 Bonus Programs, 18 field trips, and 6 supper clubs. **Educational Courses** are offered Monday through Saturday mainly during the daytime but some courses are offered in the evening. Attend courses to gain knowledge and understanding about a topic or learn a new skill. We have courses in each of these categories – Social Sciences (history, finance, genealogy,) Science and Technology (health and wellness, computers, cameras, iPad), Fine Arts (literature, creative writing, art history), Foreign Languages and cultures, Leisure Time activities, and Arts and Crafts. Travel with OLLI where the planning is done for you. Check out the 16 day trips and 2 overnight trips in the **Field Trip** section beginning on page 30.

Friendship among the members is one aspect that makes OLLI membership so special. **Socials** are a great way to bring the members together and they are planned throughout the year. All locations have an Open House event to welcome new members and reunite with current members. Find the location nearest you and mark the date for the Fall Open House and Registration! Good food and beverages are always served!

Some come to OLLI to learn and others to **teach**. All instruction is by volunteers who have a passion about a topic and want to share it with others. If you want to experience OLLI through teaching, then contact the curriculum chair or go online to complete a course proposal.

Organizational **leadership** is vital to the growth and sustainability of the program. We have strong, seasoned board members that work closely with the committee chairs, facilitators, coordinators and OLLI staff.

Share your time and experience in one of the many **volunteer opportunities** – committee work, course development, field trip planning, bonus program coordinator, facilitator and more.

**Volunteers are vital to OLLI!**

**Membership Committee** works to build and sustain a strong and active OLLI membership.

**Curriculum Committee** plans, implements and evaluates all OLLI courses and programs.

**Instructor or Presenter** teaches a course or makes a presentation about a topic of your choosing.

**Facilitators** serve as a link between the instructor and office staff.

**Social Committee** plans and implements the food/ beverage and decorations for our social events.

**Long-Range Committee** conducts surveys and provides recommendations to the OLLI board.

**Marketing Committee** works with the CCS marketing staff to develop and implement the marketing plans and provide input for the website and social media platforms.

**Adapted Athletics Committee** works with the office staff to execute the event planning.

**Annual Giving Committee** New committee developed to provide input to the UA Office of Advancement.

**Give to support OLLI.** Over the past few years, we have granted over \$6000 in scholarships. Through the generous contributions of OLLI members and others in the community, many need-based individuals were able to participate in lifelong learning activities. Donations are tax deductible. Contributions are accepted year-round online at <http://olligiving.ua.edu>, on the registration form, and at the OLLI Office.

**OLLI annual membership is \$25.** Because of the financial support from the Bernard Osher Foundation, The University of Alabama’s College of Continuing Studies, partners, and contributors, OLLI fees are amazingly low.

**Being involved with OLLI provides boundless opportunities for a learning atmosphere and rich collaboration with other adults. OLLI Member**

**Benefits include:**

- Safe and fun environment to make new friends
- Opportunity to increase knowledge, learn a new skill and explore new interests
- Weekly presentations on a variety of topics – Bonus programs
- Educational and fun travel experiences
- Engagement in Leadership and Volunteerism
- Bama Perks and library admission with Action Card
- Access to pre-recorded video lectures online

Each semester, you may elect to register for courses; **simply pay a semester fee of \$50 (covers one or more courses).** Some courses have additional material fees.

# TUSCALOOSA

Join Us!

## Fall Open House and Registration

Monday, August 15<sup>th</sup> 9 am – 5 pm  
Bryant Conference Center Program 2 - 3:30 pm

**On-site registration will continue**

Tuesday, August 16<sup>th</sup> 9 am – 5 pm

## Share your ideas and get involved with OLLI in Tuscaloosa!

Brenda Harris, VP Curriculum bharris3712@gmail.com  
Sharon Shelton, Membership Chair sshelton09@gmail.com  
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## Class Location

All courses are held at the Bryant Conference Center unless otherwise noted in the catalog.

## Bryant Conference Center (BCC)

240 Paul W Bryant Dr, Tuscaloosa

Locations that have multiple courses are listed here with their address. Locations that have a one-time course will be noted in the course description with its address.

**Black Warrior Studio** 2929 10th Avenue, Tuscaloosa

**Capstone Village** 601 5th Ave E, Tuscaloosa

**Clay Co-op, Kentuck Art Center** 503 Main Avenue, Northport

**Clarke Building, Kentuck Art Center** 503 Main Avenue, Northport

**Stillman College** 3601 Stillman Blvd., Tuscaloosa

## • New Parking Information •

### UA Campus Annual Parking Permit \$10

If you plan to take courses or attend OLLI programs and events on the UA Campus, then you will need to purchase a parking permit for the 9/1 – 8/31 period. All vehicles parked on The University of Alabama campus between the hours of 7:00 a.m. and 6:00 p.m. Monday through Friday must properly display a current University of Alabama parking permit. The annual fee is a discounted rate of \$10. OLLI members need to complete a parking permit request form and bring it to the OLLI Office. Note: Retired UA Faculty/Staff should obtain their permits through the normal UA process. Please contact the OLLI Office for further details.

## Monday Courses

### A10 Leonardo and the Last Supper

9:00 – 10:15 am

Sept 12, 19, 26; Oct 3

**Instructor:** Kathie Thurman

Join us for stimulating conversation, as we explore the struggles, insecurities, and frustrations of Leonardo da Vinci during the turbulent time creating his master work “The Last Supper”. The book, *Leonardo and the Last Supper*, by Ross King, is available from Amazon and Barnes & Noble. Each student should have a copy to read and reference during class.

### A11 Greco-Roman Mythology

9:00 – 10:15 am

Sept 12, 19; Oct 3, 10, 17, 24, 31

**Instructor:** Dick Slattery

Over seven sessions, we’ll introduce the Olympian gods and the lesser deities and discuss questions such as the following: Why do gods act so much like humans? How are myths influenced by the local culture? What is a hero and why do hero stories follow similar patterns? We’ll look at Aesop’s Fables as well as the Argonautica and give a brief homage to *The Iliad*, *The Odyssey*, and *The Aeneid*. We’ll also discuss Ovid’s Metamorphoses and the Romanized myths.

### A12 Nutrients of Our Food

9:00 – 10:15 am

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

**Instructor:** Ralph Lane

Come learn about nutrients of our food and how we digest and use them to produce energy and to build and maintain body tissues. We’ll identify food sources that supply these nutrients and talk about how much we need of each nutrient in order to maintain a healthy lifestyle. We will take a look at selected popular diets in relation to benefits and deficiencies and pay attention to nutrients which provide energy and how balance is achieved through energy expenditure.

### A13 Introduction to Fabric Art of Smocking

9:00 – 11:00 am

Sept 12, 19, 26; Oct 3

**Location:** Clarke Building at Kentuck Art Center

**Instructor:** Lois Lewis

Working with a piece of fabric, we will learn the basic smocking techniques and how to follow a smocking pattern or to develop your own smocking pattern. You will be shown how smocking can be incorporated into a pillow, a bonnet, and children’s clothing. Class Limit: 10 students. Fee \$20

Members are encouraged to take advantage of the membership benefit to participate in the offerings at any of the other chapters.

## Monday Courses Continued

**A14 Early History of Alabama and the Tuscaloosa Area**  
9:00 – 10:15 am Oct 10, 17, 24, 31**Instructor:** Milton Denny

Come learn the area's history that you may never find anywhere else. This four-week program contains many original stories and pictures of historical events in Alabama, Tuscaloosa County, Tuscaloosa and Northport. Some of the items covered: the Alabama Indians; the five flags flown over Alabama during this time; the setting of state and county boundaries; early town history of Tuscaloosa, Newtown, and Cane Break; the role of the Warrior River in the development of the Tuscaloosa area and much more.

**A15 Introduction to Genealogy**  
10:00 – 11:00 am Sept 12, 19, 26; Oct 3, 10, 17, 24, 31**Location:** Stillman College, Jackson Annex, Room 105**Instructor:** Samuel R. Robinson

Diving into your family history can be an amazing adventure – whether you're just looking to learn a little bit more about your family and ancestors, the meaning of your last name, or wanting to explore new horizons. This course will help you learn how to organize and make sense of the data that you collect. Also, you will begin to discover and build your family tree and construct your family history. Class Limit: 12 students.

**A16 Favorite Sites Visited by a World Traveler**  
10:30 – 11:45 am Sept 12, 19, 26; Oct 3, 10, 17, 24, 31**Instructor:** Ron Hallmark

Come travel the world with us as we are introduced to places that most Americans don't visit, such as little known villages in the Andes Mountains, Roman ruins in England, sand skiing in the Middle East, a World War I National Park in France, and many other places.

**A17 Media Matters**  
10:30 – 11:45 am Sept 12, 19, 26; Oct 3, 10, 17, 24, 31**Instructor:** Mary Tillotson

We will continue to look at public policy issues and how they are covered by the mass media. We'll also look at the issues which are frequently, and perhaps tellingly, ignored by the media, and why that might be happening. You'll have the chance to share and discuss your opinions on the topics of the day. Everyone attending these sessions will be encouraged to participate in an open dialogue on these intriguing subjects.

**A18 Women World Leaders**  
10:30 – 11:45 am Sept 12, 19, 26; Oct 3, 10, 17, 24, 31**Instructor:** Jill Stokley

Join us as we learn more about women world leaders from 1990 until the present time. The women to be discussed are from Chile, Nicaragua, Turkey, Brazil, Mozambique, Ireland, New Zealand & Finland. Come and learn about these leaders of countries and discuss their lives and leadership characteristics.

**A19 Sharing and Exploring American Art Treasures**  
10:30 – 11:45 am Sept 12, 19, 26; Oct 3, 10, 17, 24, 31**Location:** Tuscaloosa Museum of Art

1400 Jack Warner Pkwy NE, Tuscaloosa

**Instructor:** Will Hawkins

Come with us for an exploration of American Art! We'll meet together for this class inside the beautiful Tuscaloosa Museum of Art, which is located at the Westervelt Company headquarters. We will discuss the various themes, styles, historical time periods, and, of course, the artists themselves. The course is designed to give you a solid overview of the collection, and will be enjoyable to both novice and expert appreciators of art.

**A20 Getting to Know Poe**  
Noon – 1:15 pm Sept 12, 19, 26; Oct 3**Instructor:** Kitty Johnson

Just a weaver of weird tales? Merely a morbid master of living death? This course begs to differ! No Great American Author is as misunderstood as Edgar Allan Poe. In this four-week class, we will study a different view of Poe, exploring his humor, his impeccable craftsmanship, and his long-lasting influence on modern world culture. Special treat: Federico Fellini's Edgar Allan Poe movie. A great start to Halloween!

**A21 Advanced Knitting and Crocheting**  
Noon – 1:15 pm Sept 12, 19, 26; Oct 3, 10, 17, 24, 31**Instructors:** Mary Ann McKissick, Judy Camp, Marty Massengale

Building on what we have learned in previous semesters, we will continue to expand our knowledge of more difficult skills in both crafts. Class Limit: 15 students.

**A22 World War II, Pacific**  
Noon – 1:15 pm Sept 12, 19, 26; Oct 3, 10, 17, 24, 31**Instructor:** Bruce Burrows

This course will follow the events of the conflict between the United States and Japan in the Pacific during World War II. It will begin with the events on both sides leading up to Pearl Harbor. The major sea campaigns will be discussed as well as the island-hopping ground-forces strategy. Finally, the inexorable advance of U.S. forces culminates in the entry of the nuclear age.

**A23 Christmas through the Eyes of the Old Masters**  
Noon – 1:15 pm Oct 10, 17, 24, 31**Instructor:** Kitty Johnson

The first Christmas happened over two thousand years ago, but even today, we instantly recognize what the Christmas story looks like. This four-week course will look at how our vision of Christmas was shaped by the world's greatest artists. We will learn a little art history, a little history, some artistic techniques, and even some secrets of the great paintings which have so influenced western culture. Let's get into the Christmas spirit with the Old Masters!

# TUSCALOOSA

## Monday Courses Continued

### **A24 Quilting beyond the Basics**

**1:00 – 3:00 pm** Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

**Location:** Clarke Building at Kentuck Art Center

**Instructor:** Sandy Edelbrock

Are you ready to take your quilting skills to the next level? In this project class, you will make a wall hanging or table runner by setting three different blocks on point. Learn how to set half-square triangles in a leaf pattern, flying geese in a pinwheel pattern, and quarter square patches in an Ohio star pattern. Learn how to make a flange or folded border and how to make an invisible sleeve to hang your project on a wall. Sewing machines will be provided. Students should already be familiar with quilting basics. Class Limit: 4 students.

### **A25 Community All-Hazards Awareness and Preparedness**

**1:45 – 3:00 pm** Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

**Instructor:** Don Hartley

Are you and your family prepared for an emergency? This class helps you understand the threats and hazards faced in Alabama and how individuals and families can prepare to reduce their risk from disaster. Participants will learn about the emergency management process, the psychology of emergencies and disasters, proper fire extinguisher use, basic storm spotting techniques, basic first aid, and how to safely conduct search and rescue if responders are not available.

### **A26 Plymouth Colony: 1620 – 1690**

**1:45 – 3:00 pm** Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

**Instructor:** Warren Spruill

Plymouth Colony lasted only 70 years. Yet, it holds a significant place in our history and heritage. In some cases, the history we studied in school puts a rosy spin on events, while in others, it is completely silent. The Plymouth Colony mythology we learned in grade school will be compared with documented facts. Come learn about this important, but neglected, part of our history.

### **A27 Pygmalion Projects: Literature and the Personality Temperaments**

**1:45 – 3:00 pm** Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

**Instructor:** Winnie Cobbs

Having been attracted to our opposites, we then engage in Pygmalion projects to remake them in our own image. First, we'll look at the eight personality temperaments defined in David Keirse's *Please Understand Me II\**, and determine our own types; then, using films, we'll observe and discuss how the different personality types engage in their Pygmalion projects. Finally, we'll look at the personality temperaments of some of our American presidents. \*This book is easily located on Amazon.

### **A28 Basic Computer Security**

**3:15 – 4:30 pm** Sept 12, 19, 26; Oct 3

**Instructor:** Winnie Han

Worried your computer or Wi-Fi isn't as protected as it should be? Over this four-week course, you will become more comfortable with your computer security. We will review recent security news, along with learning basic security concepts, such as secure password setup, how to secure your Wi-Fi and mobile devices, and securing your online account.

### **Basic Microsoft Word (select one)**

**A29 3:15 – 4:30 pm, Monday** Sept 12, 19, 26; Oct 3

**A30 3:15 – 4:30 pm, Monday** Oct 10, 17, 24, 31

**Instructor:** Kim Diano

Over four weeks, learn the basics about word processing using Microsoft Word, including how to type, add, move through, and edit text; move words from one part of your document to another; work on two or more documents simultaneously; change the appearance of text; use tools such as the grammar checker, spell checker, and thesaurus; and save, retrieve, copy, organize; and print your documents. Students need a basic understanding of a Windows based computer. Class Limit: 15 students.

### **A31 Mad About These Movies!**

**3:15 – end of program** Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

**Coordinators:** Amelia Yessick, David McKissick

Relax and enjoy a special movie selected just for you and presented by a fellow OLLI member. Perhaps you will see an old favorite, but, more likely, it will be something new and heretofore unappreciated. See you at the movies!

<b>Sept. 12</b>	The Pink Panther, 1963 Presented by Al Sneckenberger
<b>Sept. 19</b>	Cocoon, 1985 Presented by Bob Peroni
<b>Sept. 26</b>	Cocoon: The Return, 1988 Presented by Dorothy Peroni
<b>Oct. 3</b>	A Trip to the Moon, 1902 Presented by Dean Craig Edelbrock
<b>Oct.10</b>	A Civil Action, 1998 Presented by Martina Holt
<b>Oct. 17</b>	Rango, 2011 Presented by Richard Rhone
<b>Oct. 24</b>	The Marriage of Maria Braun, 1979 Presented by Elaine Martin
<b>Oct. 31</b>	Avalon, 1990 Presented by David McKissick

### **A32 A Sample of China**

**3:15 – 4:30 pm** Oct 10, 17, 24, 31

**Instructor:** Winnie Han

Taught by a native of China, this four-week course will introduce you to her beautiful homeland. Topics include Chinese culture, travel, history, food, language, and much more!

## Monday Courses Continued

**A33 Card Tricks to Amaze Your Friends**

6:00 – 7:15 pm

Sept 12, 19, 26

**Instructor: Tommy Ellison**

Want to entertain your friends or vex your grandchildren? Over three sessions, a master magician will teach you the only 10 card tricks you'll ever need! Relying on ingenuity rather than sleight of hand, you'll learn to present them as mysteries, not just tricks -- one of the first rules in magic. With an emphasis on presentation, you'll be able to perform for five minutes up to 20 tricks and, with a bit of practice, you'll be able to perform the same miracles magicians have been doing for over a century. Class Limit: 15 students

**A34 Finding Your Ancestors: Genealogy for Beginners**

6:00 – 7:15 pm

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

**Instructors: Donna Baker, Susan Reynolds**

You're curious, dabbling, or self-trained and seeking the core principles, tools, and methods of genealogy. This course will ground beginning-level students in the fundamentals of computer-based family history research. Warning: Genealogy can be wondrously addictive!

**A35 Computer Basics: The Very Beginning**

6:00 – 7:15 pm

Sept 12, 19, 26; Oct 3, 10, 17, 24, 31

**Location: Stillman College, Stinson Building, Joan Van Zele Computer Lab****Instructor: Shaun King**

Do you know little or nothing about computers? Welcome to this class for the truly beginning computer student! This course will give you tips and slow-paced, hands-on practice with computers that use Microsoft Windows 7. Step-by-step, you will be introduced to a computer keyboard, mouse, and screen--as well as a few simple programs and other hardware components. Also, learn how to access the internet and be introduced to the concept of electronic mail. Class Limit: 10 students.

## Tuesday Courses

**A36 Development of the Electoral College**

9:00 – 10:15 am

Sept 13, 20, 27; Oct 4

**Instructor: Bruce Burrows**

As we prepare for our quadrennial presidential election, it is good to note that this is the only non-democratic election this country holds. This course will review the evolution of the Electoral College to its present condition and review some of the pitfalls that occurred along the way.

**A37 Science for Non-Scientists**

9:00 – 10:15 am

Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1

**Instructors/Coordinators: Gene Byrd, Chet Alexander**

A variety of current topics in different fields of science will be presented for discussion by outside speakers and OLLI members. All lectures should be understandable by scientists and non-scientists alike.

**A38 Your Money, Your Life!**

9:00 – 10:15 am

Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1

**Instructor: Lyle Aitken**

Your time is your wealth. Join us as we share ideas and knowledge on how to apply your financial assets to best serve you and your family. Learn income tax-efficient approaches to investing, income tax-saving strategies, proper asset allocation, how to manage your CDs, and how to leave a legacy through proper estate planning. Specialists in accounting, estate planning, and investments will be guest speakers for the course.

**Introduction to Baking (select one)****A39 9:00 – 11:00 am**

Sept 13, 20, 27; Oct 4

**A40 9:00 – 11:00 am**

Oct 11, 18, 25; Nov 1

**Location: University Presbyterian Church****1127 8th St, Tuscaloosa****Instructor: Ralph Lane**

In this laboratory course, we'll demonstrate how the seven key ingredients of a flour mixture contribute to the appearance, texture and taste of baked products. You'll primarily learn about breads generated from yeast-raised dough, but we will also touch briefly on quick breads. Join us for four two-hour laboratories at which we'll discuss the principles of baking, followed by the actual practice of each step involved in baking. Class Limit: 6 students. Fee: \$15.



Our Adapted Athletics partnership continues to build. UA Adapted Athletics coaches and athletes are teaching a course on adapted athletics (see page 14). This fall, we will host a documentary premiere featuring the UA Wheelchair Basketball team (see page 18). Several other events will be planned throughout the year.

# TUSCALOOSA

## Tuesday Courses Continued

### **A41 Beginning Sewing**

**9:00 – Noon** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1

**Location:** Clarke Building at Kentuck Art Center

**Instructors:** Maureen Lawless, Margaret Purdue

Starting with the basics, you will make four projects all suitable for gifts: a game, an organizing case, a decorative pillowcase, and a trimmed apron. Bring quality scissors for cutting fabric, sewing pins, and a ruler with you to each session. At the first class, you will be given a list of materials to bring to future classes. Cost will vary according to your choice of fabrics. No materials will be provided. Class Limit: 4 students.

### **A42 Playing with Clay**

**9:30 am – 12:30 pm, Tuesday**

**Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1**

**Location:** Kentuck Clay Co-Op

**Instructors:** Rick Mitchell, Nancy Mayo, Bob Weir, Linda Lochman

Ready to get your hands dirty? Join us in this fun course and learn how to manipulate and work with clay. You will learn basic wheel throwing and slab building techniques. You will also have the opportunity to learn how to decorate and glaze your newly made work. Because of limited space, you will be able to register for only one Playing with Clay course. This class is open only to students who have never taken a Playing with Clay class before. Class Limit: 6 students. Fee: \$25. See A93 for another time this course is offered, Thursday 9:30 am.

### **A43 Tai Chi**

**10:00 – 11:00 am** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1

**Location:** Capstone Village - Activity Room

**Instructor:** Gail Hasson

Characterized by gentle, slowly flowing movements, with slow and deep breathing, Tai Chi exercises the entire body — the joints, the muscles, and internal organs. It improves balance, coordination, and flexibility. This course will introduce basic principles and movements through a series of simple forms that are safe, effective, and easy to learn. Wear comfortable, loose-fitting clothes and flat-soled shoes. Class Limit: 12 students.

### **A44 Conquistadors in the New World**

**10:30 – 11:45 am** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1

**Instructor:** Larry Clayton

Interested in how our civilization in the Americas came into being? It didn't start with the English, but with explorers and conquistadors in the service of Spain and Portugal in the fifteenth and sixteenth centuries. Join us as we sail with Columbus and his predecessors searching for the way to the lands of Prestor John, the "East," and to Jerusalem to rid the Holy City of Saracens and Muslims. Instead, Columbus found a "new world," and set into motion the conquest and settlement of the Americas.

### **A45 A Quick, Quirky Review of Tuscaloosa's History** **10:30 – 11:45 am** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1

**Instructor:** Jim Ezell

In this expanded version of the class taught in June 2016, we will answer questions such as why Tuscaloosa is sometimes spelled "Tuskaloosa," has the nicknames "Queen City" and "Druid City," or why local leaders opposed secession in 1861? What role did slaves and Indians play in the Capital being moved to Montgomery? Why was early Northport known as "Kentuck"? This fast-paced course addresses these questions and many more.

### **A46 "Act like You Mean It": A Readers' Theatre Experience**

**10:30 – 11:45 am** Sept 13, 20, 27; Oct 4, 11, 18

**Instructor:** Dianne Teague

In this six-week course, using selections from play scripts, we will take the journey from getting to know the characters to bringing them to life on stage. Readers' theatre does not require memorization of lines; it requires a deep familiarity with the lines and a willingness and desire to share each character's story with an audience. In addition, we will take an outside field trip to visit the UA Department of Theatre and Dance for a backstage tour led by department chair, Bill Teague. Class Limit: 10 students.

### **A47 Line Dancing**

**10:30 – 11:45 am** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1

**Location:** Pine Valley Retirement Community

**800 Rice Valley Rd N, Tuscaloosa, AL 35406**

**Instructor:** Jeri Acton

Not only is line dancing fun, it is also a great mental and physical exercise. It is a popular means of socializing, sharpening your memory, and keeping you fit. This class offers the basic fundamentals of line dancing at a pace suited for the first time dancer, but all levels of dancers are welcome. Come and join this fun group! Class Limit: 35 students.

### **A48 Please Do Not Feed The Fears!**

**10:30 – 11:45 am**

**Oct 25; Nov 1**

**Instructor:** Jan Mercier

In these two sessions, this class will discuss the place of fear in our culture. As we age, is it inevitable that we become more fearful? How does fear influence our choices and actions? The hope is that by sharing and examining our fears, we can diminish the impact.

### **A49 More Places We've Lived**

**Noon – 1:15 pm** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1

**Coordinator:** Sharol Jacobson

More stories of places we've lived – cities, states, even other countries. Various OLLI members will tell us about life in places outside of Alabama and the Southeast. Speakers may cover local history, geography, climate, industries, famous and infamous people, little-known facts, funny stories, and above all, insider perspectives on life in other places!

## Tuesday Courses Continued

**A50 Readin', Writin', and Talkin' About Books****Noon – 1:15 pm** Sept 13, 20, 27; Oct 4\*, 11, 18, 25; Nov 1\***Presenters: Various**

Can life get any better? This multi-faceted course features University of Alabama Press coordinated visits by local authors who will speak on their works, followed by questions. Works by the authors will be available for purchase. For the OLLI Book Club, Jan Mercier and Carol Prickett will also lead discussions on the following books:

\*Oct 4 - *Between You & Me: Confessions of a Comma Queen*,

by Mary Norris, brings her vast experience, good cheer, and finely sharpened pencils to help the rest of us in a boisterous language book as full of life as it is of practical advice.

\*Nov 1 - *The End of Healing*, by Jim Bailey, narrates the journey of a young doctor into the depths of a modern healthcare hell that parallels the path taken by Dante Alighieri through his "Inferno" 700 years ago.**A51 The Path to Empathy: A Conversational Experiment****Noon – 1:15 pm** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1**Instructor: Carolyn Zeanah**

Empathy: What is it? Why is it important? Can I learn how to do it better? These are questions we will explore over the semester by examining six habits of highly empathetic people. As we follow a prescribed outline, you will be invited to share your insights and experiences as part of the conversation. However, you may decide to just sit quietly and listen and that is okay, too. Class Limit: 12 students.

**A52 Woodworking: Table Building****1:00 – 4:00 pm** Sept 13, 20, 27; Oct 4**Location: Black Warrior Studio****Instructor: Ed Allen**

In this four-week class, students will be taught tool safety and then will build their own table. Course is suitable for both the beginning and intermediate woodworking student. All materials will be supplied. This class is open only to students who have never taken this Woodworking: Table Building class before. Class Limit: 4 students. Fee: \$25.

**A53 Personality, Philosophy & Power: A History of America's Political Party System****1:45 – 3:00 pm** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1**Instructor: Richard Rhone**

George Washington thought political parties would be detrimental to our new young country. In order to avoid these factions, our United States Constitution granted political parties no role in selecting our executive and legislative branches of government. But despite Washington's fears and early efforts, political factions immediately developed and have dominated American politics up into the present day. We will look at the history of the American party system, how it developed, and the important issues and dynamic personalities that have dominated the system.

**A54 Storytelling****1:45 – 3:00 pm** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1**Instructor: Jack Day**

Each person has stories that need to be told. We will learn how to craft an original story for telling, how to transform a written story into an oral story, and suggestions for telling a story. There will be plenty of class time for students to tell stories. On November 1, we will present an "Evening with Friends and Family" to tell our stories. Class Limit: 18 students.

**A55 Napkin Folding****2:00 – 3:15 pm****Oct 25****Location: Clarke Building at Kentuck Art Center****Instructor: Carol Lammon**

Learn to enhance your table settings with decorative napkin folding. Bring five ironed and starched cloth dinner napkins to class. No materials fee. Class Limit: 6 students.

**A56 Trees of Alabama****3:15 – 4:30 pm** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1**Instructor: Frank Roth****Activity Level: Several class periods will involve extensive walking across campus**

We have a wide variety of trees in our area and we will learn to identify 25 – 30 of the more common tree species found in and around Tuscaloosa. We will learn how plants are classified, how trees are identified, and key characteristics used to separate one tree species from another. We will spend several class periods walking the campus, looking for trees, and we will make a trip to The University of Alabama Arboretum. Class Limit: 25 students

**A57 William and Jane go to the Movies****3:15 – end** Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1**Instructor: David McKissick**

The class will be William Shakespeare comedies and Jane Austen novels adapted to films. There will be four films by each author, including *The Taming of the Shrew* (1967 with Richard Burton and Elizabeth Taylor), and *Sense and Sensibility* (1995 with Emma Thompson, Kate Winslet, and Hugh Grant).

**A58 Healthy Relationships****5:00 – 5:45 pm** Sept 13, 20, 27; Oct 4**Location: Stillman College, Jackson Annex, Room 105****Instructors: DeAndrae R. Sewell, Lakisha Sewell**

In order to be effective, parents need to follow certain strategies that will reinforce positive behaviors in their everyday life. Co-parenting, whether that means married couples, divorced parents, single parents, grandparents, or surrogate parents, is not how you feel toward the other parent, but about the happiness, stability, and future of the child. Learn ten effective ways to co-parent that will allow healthy and positive relationships to evolve while lessening the trauma and drama in the lives of all involved. Class Limit: 20 students.

# TUSCALOOSA

## Tuesday Courses Continued

### A59 Beginning Guitar

6:00 – 7:15 pm Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1

Instructor: Dan Vogt

This course is designed for the beginning level student. We will focus primarily on song accompaniment and rhythm guitar, strumming patterns and basic music theory. Students will need to bring a guitar, a guitar tuner, a guitar pick, and a notebook. Class Limit: 15 students.

### A60 Music and Sounds for Health and Wellness

6:00 – 7:15 pm Sept 13, 20, 27; Oct 4, 11, 18, 25; Nov 1

Location: Stillman College, Jackson Annex, Room 105

Coordinator: Levert Hedgemon

Music and sounds can have a profound effect on both the emotions and the body. Research has shown throughout history that many cultures used music and sounds to produce healing effects. Ancient approaches to health and wellness using music and sounds to bring about desired results are now being used in conjunction with traditional approaches to health and wellness. Join us in this course filled with music and sound to make your life a little less stressful. Class Limit: 20 students.

### Beginning iPhone/iPad (select one)

A61 6:00 – 7:15 pm Sept 13, 20, 27; Oct 4

A62 6:00 – 7:15 pm Oct 11, 18, 25; Nov 1

Location: The Gateway, Alberta's Innovation and Discovery Center, 2614 University Blvd. East, 205-248-4949

Instructors: Gateway Instructors

Do you own an iPhone/iPad? Want to learn how to use it more in your daily life? Over four sessions, we'll cover the basics of using an iPhone or iPad. This course will only cover Apple devices and participants will need to bring their own iPhone or iPad. Please make sure you have downloaded the latest software on your device before the first class. This class is for OLLI members only. Class Limit: 15 Students.

## Wednesday Courses

### A63 Current Issues in U.S. Law Enforcement

9:00 – 10:15 am Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2

Instructor: Ted Sexton

Policing policies and paradigms have changed rapidly since Ferguson, as have citizen expectations. This course will offer an overview of current law enforcement issues in the United States and will focus on the challenges faced in providing service from routine calls to high risk active shooters. Policing today includes issues from enhanced community policing to issues in homeland security. Join us as we discuss these important issues and many more.

### A64 Don Quixote: The Birth of the Modern Novel

9:00 – 10:15 am

Sept 14, 21, 28; Oct 5

Instructor: Bill Worden

Join us in this four-week class, as we read both parts of the work generally considered to be the first modern novel: Miguel de Cervantes's *Don Quixote*. Beginning with a brief overview of Spanish literature in the time of Cervantes, we will then discuss both parts of *Don Quixote*, while keeping in mind the many narrative games that Cervantes plays throughout his novel. We will also consider the monumental influence that *Don Quixote* has had on later novelists.

### A65 Bridging the Digital Gap

9:00 – 10:15 am Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2

Instructor: Lynnne Guzman

Does the mere thought of Facebook, Instagram, Twitter, and Snapchat make you want to break out in hives? Join us, as we help close the gap between Digital Immigrants and Digital Natives (a.k.a. Grandparents and Grandkids). We will walk through how to manage your accounts for privacy and safety, while learning a few key things to avoid accidentally embarrassing your grandkids. Feel free to bring your Wi-Fi enabled tablet, notebook, or smart phone to class. Class Limit: 18 students.

### A66 Thoroughly Modern Chaucer

9:00 – 10:15 am

Oct 12, 19, 26; Nov 2

Instructor: Meridith Wheatley

Come enjoy reviewing lessons learned about Geoffrey Chaucer during school days and adding to that knowledge. In this four-week class, learn about the poet, his times, and the people vital to his becoming a "modern" man. Have fun considering the prologue to his enduring *Canterbury Tales*. Read - or reread - as many of the tales as time permits -- at least "The Wife of Bath's Tale" and "The Miller's Tale."

### A67 Splendor in the Glass: Fused Glass Jewelry

9:30 – Noon

Sept 14

Location: Clarke Building at Kentuck Art Center

Instructor: Linda Munoz

Try your hand at a new skill and join us for an exciting hands-on exploration of the shimmering, glimmering, and colorful art of fused glass jewelry. In this one-day workshop, you will learn the techniques needed to design and create at least two sets of fused glass earrings and pendants. Instructions will cover glass cutting, jewelry design, working with a glass kiln, and attaching jewelry fittings. Class Limit: 8 students. Fee \$35.

### A68 Making a Tote Bag Using Fabric Remnants

9:30 – Noon

Oct 5, 12, 19

Location: Clarke Building at Kentuck Art Center

Instructor: Carol Lammon

Sign up for a three-session sewing class for those with limited sewing experience. With the materials provided, we will make a large lined tote bag suitable for going to the farmers market or grocery store. Class Limit: 4 students. Fee \$15.

## Wednesday Courses Continued

**A70 Intro to Slip-casting Ceramics**10:00 – Noon **Sept 14, 21, 28; Oct 5****Location: Craftwork Ceramics, 7410 Highway 69 N., Northport (205) 339-2630****Instructor: Nell Fair**

In this four-week class, you will learn to make functional and decorative ceramics, including, but not limited to, a 13" x 6" snack tray with a lace design, a ceramic angel dry-brushed with acrylic paints for ceramics, a design on glass with glass enamels, and a tiger lily design on a square plate. Learn the ceramics techniques of cleaning, firing, and dry brushing as well as transferring designs. This class is suitable for the beginner, as well as the intermediate student. Class Limit: 15 students. Fee \$120.

**A71 Basic Floral Design for the Flower Enthusiast**10:00 – 1:00 pm **Oct 26****Location: Clarke Building at Kentuck Art Center****Instructor: Linda Holifield**

In this one-session make-and-take workshop, students will be introduced to basic fresh plant material design and leave with their own floral creation. Class Limit: 10 students. Fee \$25.

**A72 Sea Monster Ecology and Evolution**10:30 – 11:45 am **Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2****Instructor: William Hamner**

There has been repeated evolution and extinction over geologic time of large, fast-swimming marine predators, including bony fish, sharks, sea-scorpions, ammonites, giant squid, marine reptiles, marine mammals and sea birds. We'll review the principles that govern the evolution, ecology and extinction of "sea monsters" and examine attributes of the open sea which have been selected for their convergent similarities.

**A73 Introduction to Birding**10:30 – 11:45 am **Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2****Instructor: Dwight Lammon**

For this repeat of the introduction course, join us for a classroom overview of the hobby of bird watching. You'll learn all about the identification of birds by sight or sound, some crucial do's and don'ts, the best places to go birding, considerations when feeding birds, the history of birding, and shared personal stories. Bring your binoculars and a bird guide if you have them, but they are not necessary. We will be including lots of audio-visuales.

**Exciting News!****STILLMAN**

After a successful kick off in April, a small group of dedicated OLLI members and Stillman College leaders met and developed the eight courses that debut this fall. Help spread the word that courses are now available on the Stillman College campus.

**A74 19<sup>th</sup> and 20<sup>th</sup> Century Short Stories**10:30 – 11:45 am **Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2****Instructor: Bob Lipman**

This course will examine seven key elements that are common to the structure of all short stories: character, setting, conflict, climax, resolution, point of view, and theme. The selection of stories is wonderful: Katherine Mansfield ("Miss Brill" and "The Doll's House"); Edgar Allan Poe ("The Tell-Tale Heart"); O. Henry ("The Gift of the Magi," "The Last Leaf," and "Witches' Loaves"); Guy de Maupassant ("The Necklace" and "The Beggar"); Alphonse Daudet ("The Last Lesson").

**A75 Paint Play 101 with Chalk Paint**1:00 – 2:30 pm **Sept 14, 21, 28; Oct 5, 12, 19****Location: Restoring Piece, 433 Main Ave, Northport****Instructor: Jeni Bowen**

Over six weeks, we'll cover the basics of chalk paint, including several techniques such as two-color distressed finishes, smooth or modern finishes, cracked and rustic finishes, applying a soft wash over gilded molding, and saying goodbye to sandpaper for good. You'll leave this class with a newfound confidence to tackle your next project. Class Limit: 13 students. Fee: \$50.

**A76 Furniture Stripping and Refinishing**1:00 – 4:00 pm **Sept 14, 21, 28; Oct 5****Location: Black Warrior Studio****Instructor: Ed Allen, David Allen**

Join us for this four-week course and learn the techniques needed to strip and refinish furniture. You'll get the chance to do a real project, and create a revitalized treasure of your choosing. We recommend selecting a small piece of furniture that you would like to see refurbished, such as a table or a chair. Aside from the furniture itself, we'll provide all other materials. This class is open only to students who have never taken this Furniture Stripping class before. Class Limit: 4 students. Fee: \$25.

**A77 Beginning Bridge, Part 1**1:00 – 4:00 pm **Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2****Location: Capstone Village – Assembly Room****Instructor: Carroll Smith**

Have you always wanted to learn how to play Bridge? Now you can learn how in this absolute beginner's course. Soon you will learn simple bidding, how to evaluate your hand and talk to others with your bids. This class is for us beginners! To be continued with Beginning Bridge, Part 2 in the Spring 2017 semester. Class Limit: 16 students.

**A78 Glass on Glass**1:00 – 5:00 pm **Sept 14, 28****Location: Clarke Building at Kentuck Art Center****Instructor: Linda Munoz**

Enjoy the beauty of stained glass without the cost of equipment and the danger of chemicals. In this two-session class, you will learn to make stained glass mosaics on glass panels that rival the intricate designs of traditional stained glass. Class Limit: 8 students. Fee \$15.

# TUSCALOOSA

## Wednesday Courses Continued

### **A79 An Introduction to Woodcarving**

1:00 – 2:30 pm

Sept 21

**Location:** Clarke Building at Kentuck Art Center

**Instructor:** Bing Blewitt

This one-session mini-course will introduce students to the basic techniques of woodcarving. The instructor will discuss his entry into the world of woodcarving and demonstrate techniques used to safely create simple beginner projects. Each student should bring a sharp pocket knife. Wood will be provided. Class Limit: 5 students.

### **A80 Painting a Sunflower in Acrylic**

1:00 – 4:00 pm

Nov 2

**Location:** Clarke Building at Kentuck Art Center

**Instructor:** Joy Landry

Students will complete a painting from start to finish in this three-hour class. Students will learn how to mix colors, apply texture and blending while having a ton of fun. This sunflower painting lends itself to be as easy or as difficult as you would like it to be. This is a non-intimidating painting, so please don't be shy! Class Limit: 10 students. Fee \$30.

### **A81 Yoga for Healthy Aging**

1:30 – 2:30 pm

Sept 14, 28; Oct 5, 12, 19; Nov 2

**Location:** First United Methodist Church

800 Greensboro Ave, Tuscaloosa

**Instructor:** Linda Dunn

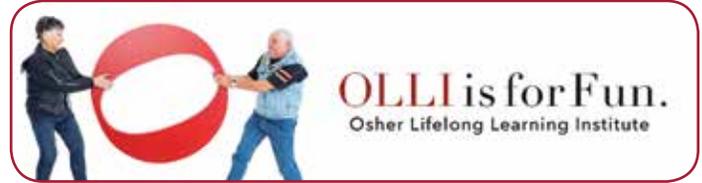
Come experience the exercise that will improve your balance, strengthen your body, and rest your mind. This is a no-pressure class; you will not be required to participate past your own comfort level. We request that you please bring comfortable clothing, your own yoga mat, and a mind and body ready to learn. (Note: No class on Sept. 21 and Oct. 26.) Class Limit: 25 students.

### **A82 Alabama Writers Hall of Fame Inaugural Class**

1:45 – 3:00 pm Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2

**Coordinator:** Amelia Yessick

Come meet the inaugural class of the Alabama Writers Hall of Fame! In 2015, the Hall of Fame honored twelve Alabama writers from the mid-1800s to today. Starting the series, we will welcome William Gantt, who will present a video of the inaugural presentation ceremony along with background information about the Alabama Writers Hall of Fame. Classes will feature presentations by other guest speakers on such well-known writers as Helen Keller, Harper Lee, Rick Bragg, and nine others.



### **A83 Out of the Past - How Archeologists Study**

#### **Ancient Civilizations**

1:45 – 3:00 pm Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2

**Instructor:** Richard Diehl

How do archaeologists learn about ancient family life, politics, religion, commerce, the collapse of civilizations, and other topics? This course uses films from the PBS/NOVA series *Out of the Past* to examine this question. Each session includes one film on a specific topic followed by a discussion session.

### **A84 Spanish I for True Beginners**

1:45 – 3:00 pm Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2

**Instructor:** Kay Chesnut

Spanish I is for students who have had no prior Spanish. It is also a good refresher class for those who have had some Spanish, but who have forgotten it. Either way, we will have FUN learning how to ask questions and carry on simple conversations.

### **A85 Make an E-Z Toboggan**

3:00 – 4:15 pm

Oct 5, 12

**Location:** Clarke Building at Kentuck Art Center

**Instructors:** Candy Hayes, Elizabeth Hayes, Renae Sullivan

Let's make an easy toboggan without knitting needles. It's so easy my 7-year-old grandson can do it. Bring your own bundle of the yarn of your choice. Equipment will be provided. Class Limit: 10 students.

### **A86 Adapted Athletics**

3:15 – 4:30 pm

Sept 14, 21, 28; Oct 5

**Instructors:** Members of the UA Adapted Athletic program

OLLI members have recently enjoyed several events with our partner, UA Adapted Athletics, including the Night of Champions and the Dragon Boat races. Come join us as we hear from both coaches and student athletes about some of the major sports in Adapted Athletics, including wheelchair basketball, wheelchair tennis, and adapted rowing. We will also learn basic information about selected disabilities that are served by these representative sports.

### **A87 The Roosevelts: An Intimate History**

3:15 – end

Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2

**Instructor:** Allen Bearden

Come join us as we watch the brilliant Ken Burns series that aired on PBS in the fall of 2014. We will learn about the lives of Theodore, Franklin, and Eleanor Roosevelt, three members of the most prominent and influential family in American politics. Together, these three individuals not only redefined the relationship Americans had with their government and with each other, but also redefined the role of the United States within the wider world.

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## Wednesday Courses Continued

**A88 Get to Know Your Mac**

3:15 – 4:30 pm

Sept 14, 21, 28; Oct 5

**Instructor: Rick Dowling**

This four-week class is for those beginners who have their own personal Mac laptop. In this hands-on course, participants will learn the basic features of the Macintosh computer, including the Mac interface, using applications, organizing files, web browsing, and keeping your Mac happy. This course is for Mac users only and you must bring your own Mac laptop and charger to each class. No computer will be furnished. Class Limit: 18 students.

**A89 Computer Combo**

3:15 – 4:30 pm, Wednesday

Oct 12, 19, 26; Nov 2

**Instructors: Various Instructors**

Taught by UA College of Commerce students, you will choose at the first class one of these options to study: Computer for Beginners; Excel Beginner or Intermediate; Word Beginner or Intermediate; or PowerPoint. You will be put into a small group with other OLLI students who are studying the same chosen subject. Your UA student-tutor will guide you in a hands-on environment and in an interactive mode. Bring a notebook and pen to take notes. Class Limit: 10 students See A94/A95 and A109/A110 for other times this course is offered, Thursdays 9 am and 3:15 pm respectively.

**A90 Power of Thought**

5:30 – 6:45 pm Sept 14, 21, 28; Oct 5, 12, 19, 26; Nov 2

**Location: Stillman College, Jackson Annex, Room 105****Instructor: D. Peterson**

Positive and negative thoughts both can have entrée into the mind. This can cause problems in a person's life. This instructor will discuss the ways in which we can control these thoughts and find some comfort with the results of our thought process. Join us in this discussion on how our thought processes influence our health and wellness. Class Limit: 20 students.

## Thursday Courses

**A91 The News about the News**

9:00 – 10:30 am Sept 15, 22, 29; Oct 6, 13, 20, 27; Nov 3

**Instructor: George Daniels**

Do you read the newspaper, listen to the radio, and watch the news on TV every day? Congratulations, you're officially a news junkie and this course is designed just for you! If something you've seen or read has you puzzled, bring that to this class - and don't forget your morning newspaper. We'll use *The Tuscaloosa News* as our textbook, as we dive into some of the local and state news stories journalists have presented. In the process, each week we'll spend some time talking about a different aspect of journalism.

**A92 Decorating Alabama Birdhouses**

9:00 – 11:00 am

Sept 15, 22; Oct 6, 13, 20, 27; Nov 3

**Location: Clarke Building at Kentuck Art Center****Instructor: Lyn Slattery**

Bama fans – would you like to decorate an Alabama birdhouse? If so, let's put your creative juices to work and come up with the most attractive, functional, and desirable Alabama birdhouse in your neighborhood! Materials (including the houses and Tide Pride license tags) are provided. However, if you'd like to choose another tag, please bring that with you to class. (Note: This class will not meet Sept. 29.) Class Limit: 10 students. Fee \$25

**A93 Playing with Clay**

9:30 am – 12:30 pm, Thursday

Sept 15, 22, 29; Oct 6, 13, 20, 27; Nov 3

**Location: Kentuck Clay Co-Op****Instructors: Rick Mitchell, Nancy Mayo, Bob Weir, Linda Lochman**

See A42 for full course description and another offering of this course, Tuesdays 9:30 am.

**Computer Combo (select one)****A94 9:00 – 10:15 am, Thursday**

Sept 15, 22, 29; Oct 6,

**A95 9:00 – 10:15 am, Thursday**

Oct 13, 20, 27; Nov 3

See A89 for full course description and other offerings of this course, Wed. 3:15 pm and A109/A110 Thur. 3:15 pm.

**A97 Four Victorian Mysteries: Novels of Sensation**

10:30 – 11:45 am Sept 15, 22, 29; Oct 6, 13, 20, 27; Nov 3

**Instructor: Pat Beatty**

Good and evil, mistaken identities, women in jeopardy, madness -- just a few of the themes in four of the Victorian Novels of Sensation: *The Woman in White* and *The Moonstone*, by Wilkie Collins, *The Mystery of Edwin Drood*, by Charles Dickens, and *Dr. Jekyll and Mr. Hyde*, by Robert Louis Stevenson. We will discuss each novel and watch BBC versions or film excerpts of the novel. All of the novels can be found free online at Project Gutenberg and are also available at the library and local stores.

**A98 Get to Know Your Area Agency on Aging**

10:30 – 11:45 am

Sept 15, 22, 29; Oct 6

**Instructors: Pam McDaniel, Debbie Gregory, Kelli Kimbrell, Ashley Adcox**

In this four-week course, get to know your local Area Agency on Aging, specializing in benefits and services for aging Americans. Learn the history, mission, and what is available for you as a retiree, caregiver, and advocate. Some topics to be discussed: History of the Older Americans Act programs, mission of the agency, nutrition programs, volunteer opportunities; Aging and Disability Resource Center for information and referral of local resources, and prescription drug assistance programs.

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## Thursday Courses Continued

### A99 A French Way of Life

10:30 – 11:45 am

Oct 13, 20, 27; Nov 3

Instructor: Isabelle Chamayou

Like any country, France is “different”. But what is typically French? Come with us to discover and discuss the French and their culture, their habits, and their traditions. In this four-week class, learn more about the French lifestyle through the instructor’s own life and experiences as a Frenchwoman.

### A100 Mini-Medical School

Noon – 1:15 pm Sept 15, 22, 29; Oct 6, 13, 20, 27; Nov 3

Presenters: College of Community Health Sciences

UA’s College of Community Health Sciences is hosting a lecture series to explore medicine and health trends. Faculty will lecture on issues and advances in medicine and research, incorporating science, research, and clinical applications. You’ll learn ways the body works, hear about advances changing how we see disease and health, and find out which way cutting-edge research is headed.

Sept 15 Dr. Catherine Ikard: “Parkinsonism”

Sept 22 Dr. John Burkhardt: “Geriatric Depression”

Sept 29 Dr. Brian Gannon: “Grandchildren and ADHD”

Oct 6 Dr. Ray Stewart: “Preventing Injury”

Oct 13 Dr. Kristie Graettinger: “Women’s Health: An Update on Cancer Screening and Prevention”

Oct 20 Dr. Karen Burgess: “Telemedicine”

Oct 27 Dr. Ed Geno: “Getting Ready for Surgery: The Importance of Pre-op Clearance”

Nov 3 Resident Physician (TBD): “Hypertension (High Blood Pressure)”

### A101 Beginning German

Noon – 1:15 pm Sept 15, 22, 29; Oct 6, 13, 20, 27; Nov 3

Instructor: Chris Bell

Emphasis will be on acquiring some speaking and reading skills, while also finding out more about Germany’s history, geography, and culture. If you have learned some German previously, this course will be a good review for you. Come and see how much you can learn in eight weeks and/or how much you remember from previous times.

### A102 Beginning Drawing

Noon - 4:00 pm

Sept 29, Oct 6

Location: Clarke Building at Kentuck Art Center

Instructor: Joy Landry

This two-session workshop is designed to provide students with basic drawing skills. Students will learn how to represent their three-dimensional world through drawing, by learning concepts such as line, shading, depth, perspective, and figure drawing. Drawing is a skill just like math and by using concise and sequential lessons, everyone can learn to draw. Class Limit: 10 students. Fee \$25.

### A103 Introduction to Oil Painting

1:00 - 3:00 pm

Sept 15, 22

Location: Clarke Building at Kentuck Art Center

Instructor: Gary Creek

This two-session course will expose students to the basics of oil painting. No artistic experience or talent is required - just a desire to learn the fundamentals of the medium. Students will complete at least one painting in the course. Students will need to bring at least four inexpensive 8x10 or 9x12 canvases or canvas panels. Class Limit: 10 students. Fee \$35.

### A104 Woodturning 101

1:00 - 4:00 pm

Sept 15, 22, 29; Oct 6

Location: Black Warrior Studio

Instructors: George Shelton, Bill Hubbard, Frank Maxwell  
‘Wooden’ you like to learn a new skill? Join us for this four-week class where you will learn the basic skills needed to safely operate a woodturning lathe. Through group and individual instruction, you will have the opportunity to complete two projects that you can take home, use, and enjoy! This class is open only to students who have never taken a Woodturning 101 class before. Class Limit: 4 students. Fee: \$25.

### A105 Alabama Politics

1:45 – 3:00 pm

Sept 15, 22, 29; Oct 6, 13, 20, 27; Nov 3

Instructor: Bill Stewart

The campaign to see who will be our nation’s next president is fully underway, as we start or continue our studies in Alabama politics. Even though the ultimate winner of this state’s vote may be seen as a foregone conclusion, both parties have hundreds of thousands of supporters here. Aside from the presidential election, Alabama faces fiscal and social crises and these will not go away just because of national events.

### A106 American Musical Theatre in the 1920s and 1930s

1:45 – 3:00 pm

Sept 15, 22, 29; Oct 6, 13, 20, 27; Nov 3

Instructor: Donna Boles

Let’s sing and dance! During this course, we will take a look at four films of musicals that exploded the popularity of musical theatre in America. *Showboat*, *The Great Ziegfeld*, *Top Hat* and *42nd Street* will provide a look at some of your favorite stars singing and dancing to some of your favorite tunes! Get your dancing shoes on and let’s enjoy learning about these shows that promoted many aspects of Broadway and musical theater all over the world.

### A107 Spanish III

1:45 – 3:00 pm

Sept 15, 22, 29; Oct 6, 13, 20, 27; Nov 3

Instructor: Kay Chesnut

Ready to step into Spanish immersion? This course, which is a continuation of Spanish II, is taught mostly in Spanish and is not for beginners. Students will listen, speak, read and write in Spanish. Students will be required to purchase the workbook, *Realidad y Fantasia* by Susan Noguez and Emily Boyd, and is available from Amazon. Class Limit: 10 students.

## Thursday Courses Continued

### A108 Cyber Security: Identity Theft

3:15 – 4:30 pm

Sept 15, 22, 29; Oct 6

Instructor: Ashley Ewing

Security breaches have been in the news. Find out how they relate to you. In this four-week course, learn some of the common malicious tactics used to trick people into providing access to their computers and other personal information. We'll talk about how to recognize common phishing emails, how to secure your information, and how to destroy that information before disposal or donation of old devices. We'll present options on what to do in the event you fall victim to one of these schemes.

### Computer Combo (select one)

A109 3:15 – 4:30 pm, Thursday Sept 15, 22, 29; Oct 6

A110 3:15 – 4:30 pm, Thursday Oct 13, 20, 27; Nov 3

See A89 full description and other offerings of this course, Wed. 3:15 pm and A94/95 Thur. 9:00 am.

### A111 The Art of Scrapbooking

5:30 – 7:00 pm

Sept 15, 22, 29; Oct 6, 20, 27; Nov 3

Location: Stillman College, Jackson Annex, Room 105

Instructor: Willie Wells

Buried Treasures bound in a non-traditional scrapbook. This seven-session class will provide an opportunity for you to scrapbook your favorite pictures of your favorite people, animals, plants, adventures, etc. You will be free to create and use items such as old jewelry, buttons, pins, post cards, greeting cards, wrapping paper, dried flowers, etc., to capture the essence of your scrapbook theme. Students need to provide their own scrapbook, glue, and regular scissors. Class Limit: 10 students.

## Friday Courses

### A112 AAA Alabama Defensive Driving Course

8:30 am – 3:30 pm

Nov 4

Instructor: AAA Certified Instructor

Don't miss this opportunity to attend a Defensive Driving course conducted by AAA Alabama, which allows drivers age 55 and older to sharpen their driving skills and save money on their current auto insurance. A certified AAA trainer, using textbook, videos, lecture, and question/answer sessions, will teach the course. The one-day class will last approximately six hours, and the fee will include a box lunch, textbook, and a certificate. Alabama law requires insurance companies to offer a three-year discount to their drivers, age 55 and older, upon receipt of the certificate. The discount is typically 5% - 10% per year, but participants should check with their insurance company. Open to OLLI members only. NOTE: Two part registration/fee process - You will register for lunch (\$10) with OLLI, and then call Clay Ingram with AAA at 205.444.8885, to register for the program. Class Limit: 18 students. Fee: \$25 for AAA members; \$30 for non-AAA members paid directly to AAA.

### A113 Fall Crafts

2:30 – 3:30 pm

Oct 7, 14, 21, 28

Instructors: Cindy Huddleston, Karen Livingston

There's simply no better way to say it - you should come join in on our four-session craft class! We will have tons of creative fun making four crafts for the Halloween and Christmas holidays. Class Limit: 18 students. Fee: \$50.

## Saturday Courses

### A114 History/Walking Tour of Stillman College

9:00 – 10:30 am

September 10

Location: Stillman College, Jackson Annex, Room 105

Instructors: Robert Heath, Shambria Davis, Marcus Swanson

Join us as we hear about the history and beauty of Stillman College. Whether you are taking OLLI classes on the Stillman campus this semester or have just always wanted to learn more about this important piece of Tuscaloosa's history, this orientation and walking tour of the campus, led by the Stillman College Historian, is the perfect opportunity to hear and see more of Stillman! Class will be held regardless of weather. Wear comfortable shoes for the short walking tour. Class Limit: 20 students.

### A115 Stress Management and Self-Care Workshop

9:00 am – 5:00 pm

October 8

Location: Stillman College, Jackson Annex, Room 105

Instructor: Nakieta Lankster

Join us for this health workshop based on a preventative healthcare model. Learn about the impact stress and lack of self-care has on your physical, psychological, and spiritual wellbeing and functioning. Also, hear about the various types of stress, the effects of stress, and healthy ways to reduce and cope with stress in your home and work environment. Through several different assessments, attendees will develop a personalized self-care plan, learn self-care and time management techniques, and be assisted in scheduling self-care practices. Class Limit: 20 students. Fee: \$10 and includes a box lunch



# TUSCALOOSA

## Bonus Programs

### **Wednesday Weekly Bonuses Noon – 1:15 pm Bryant Conference Center**

Bonuses are a member benefit and a great opportunity to bring a friend. Registration is not needed.

#### **Sept. 14th - Aging in Place**

**Presenter: Susan Benke**

Are you someone who wishes to remain active, independent, and socially connected, while staying in your own home as long as possible as you age? “Villages for Aging in Place” are non-profit, grassroots, membership-driven organizations that coordinate basic services for its members with the goal of helping them remain safe and enjoy living in the homes and community they have chosen as they age.

#### **Sept. 21st - Today's Cuba**

**Presenter: Donna Boles and Peggy Hamner**

Discussing the successful spring 2016 OLLI eight-day trip to Cuba, members Donna and Peggy will share their journey and impressions of Cuba's art, culture and politics. Those who attended the trip will enjoy re-visiting, and those who missed it will be entertained with the observations of these two knowledgeable travelers.

#### **Sept. 28th - History of the Boy Scouts of America**

**Presenter: Logan Black**

The Boy Scouts of America is one of the oldest and largest youth service organizations in the United States. Founded in the early 1900's, the Boy Scouts' original purpose was to encourage patriotism and individualism in young boys. In this bonus, we will explore the history, organization, and transformation of the BSA since its' founding in 1910, as viewed by Logan Black, a UA undergraduate.

#### **Oct. 5th - The Folk Art of Elayne Goodman**

**Presenter: Elayne Goodman**

Elayne Goodman, a Kentuck favorite, is a self-taught Mississippi artist. The genesis of her art style comes from her childhood in rural Mississippi. In the depression era, Elayne had limited materials and time for creativity; she learned to waste neither. Giving new life to used materials, Elayne forces the viewer to see them in a new context. You'll love her story, as well as the art creations she will be bringing with her.

#### **Oct. 12th - Fathers and Daughters Book Review**

**Presenter: Terry Corrao**

From playing games in the front yard to wrangling lions on a film set, photographer and OLLI member Terry Corrao traversed over two decades exploring the unique and timeless relationship between fathers and daughters. The collection of 57 portraits is now compiled into an elegant book titled *Father Daughter*. Terry will share many of the images and the stories behind the photo shoots, as well as her journey through the world of publishing and distributing a book. Books will be available for purchase.

#### **Oct. 19th - Update on UA Women's Basketball**

**Presenter: Coach Kristy Curry**

Coach Kristy Curry will update and discuss the upcoming University of Alabama Women's Basketball Program as well as other fall sports. There will be plenty of time for questions.

#### **Oct. 26th - Travels in Spain**

**Presenters: Dot Martin and Francine Marasco**

Two seasoned travelers, OLLI members Dot and Francine will share their recent two-week journey to Barcelona and the south of France, along with details of their home stay in the picturesque town of Begur! The presentation will focus on the great architect, Gaudi, and artists such as Pablo Picasso and Salvador Dali.

#### **Nov. 2nd - The L&N Passenger Station: Stories within a Story**

**Presenter: Bebe Lloyd**

Mrs. Lloyd will give the fascinating history of the many incarnations of one of Tuscaloosa's most beloved buildings, the old L&N Train Station on River Hill. Now beautifully restored, the old train station houses the new restaurant, 301. Its history and restoration will fascinate you!

### **Supper Club – 6:30 pm, Tuesdays**

*Don't forget to register!*

Registered members meet at 6:30 pm at the restaurant. Registration deadline is the Friday prior to the supper club date.

#### **A150 Jim 'n Nick's Bar-B-Q, Tuesday, Sept 27**

305 21st Ave, Tuscaloosa

#### **A151 Cypress Inn, Tuesday, Oct 25**

501 Rice Mine Rd N, Tuscaloosa

#### **A152 Mr. G's Italian Restaurant, Tuesday, Nov 29**

908 McFarland Blvd, Northport

## **Special Program Coming this Fall!!**



OLLI members are invited to the premiere of a documentary that features Alabama wheelchair basketball teams. Join us for this 'red-carpet' event in support of our partner, UA Adapted Athletics.

# OLLI at Gadsden

*Mark Your Calendar!*

## Open House and Registration

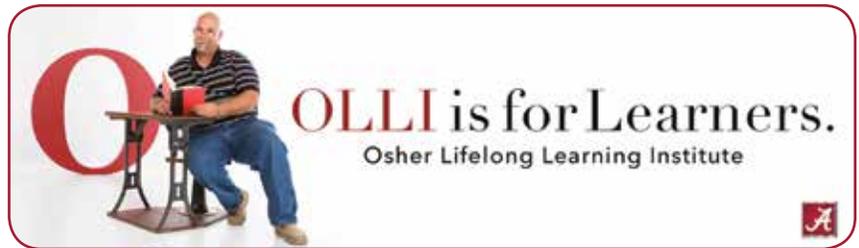
**Thursday  
August 18<sup>th</sup>, 4 – 6 pm  
UA Gadsden Center**

121 North 1st Street, Gadsden

*Refreshments will be served*

**Program will begin  
at 4:30 pm**

“OLLI at UA, Gadsden is looking for members who enjoy learning with no tests or exams, who enjoy going on field trips to near and far places, and who enjoy meeting new friends. If this describes you, then join OLLI! - Kathy Russell



**Share your ideas and get involved  
with OLLI in Gadsden!**

**Kathy Russell, Board Member at Large**  
kathydrussell@gmail.com

**Shirley du Pont, VP Curriculum**  
slild01@aol.com

**Jan Mackey, Social Committee Chair**  
calkid4747@yahoo.com

**All courses are held at the  
UA Gadsden Center unless  
otherwise indicated.**

•••••  
• **Members are encouraged to take**  
• **advantage of the membership benefit**  
• **to participate in the offerings at any**  
• **of the other chapters.**  
•••••

## Monday Courses

**G10 Do you have something you want to sell or buy? Ebay has it.**  
10:00 – 11:30 am Sept. 12, 19, 26; Oct. 3, 10

**Instructors: Craig Scott and Randy Holland**  
**Location: Gadsden Public Library located at 254 College Street, Gadsden, AL  
2nd Floor Computer Room (elevator available)**

Millions of miscellaneous items are listed, bought, or sold daily on eBay. The site eBay.com is an auction and shopping website in which people and businesses buy and sell a broad variety of goods and services worldwide. Learn the techniques and strategies for buying and selling on an online auction. Remember one man’s trash is another’s treasure. Join us for this interesting and possibly money-making class.

**G11 The Constitution of the United States of America**  
1:00 – 2:30 pm Sept. 12, 19, 26; Oct. 3

**Instructor: Bill Browning**  
The U.S. Constitution is the foundation of American government (at all levels). This course will take an in-depth look at the document analyzing its content Article by Article, section by section and line by line. We will look at what led to its writing, what rights and freedoms it addresses (and not), how it has changed over more than 235 years and various interpretations. It seems especially timely that we study it in the midst of an election year for all Representatives, one-third of the Senate and, of course, a bitterly contested Presidential race.

# GADSDEN

## Monday Courses Continued

### **G12 Stolen Priority? The Case of Charles Darwin and Alfred Russell Wallace**

**1:00 - 2:30 pm** Oct. 10, 17, 24, 31

**Instructor: Bill Browning**

Since 1858, Charles Darwin has been credited with the discovery of Natural Selection as the mechanism by which species vary and eventually become new species, i.e. evolution. In 1959, his book on the subject, *Origin of Species by Means of Natural Selection*, was published. Alfred Russell Wallace, a journeyman collector of rare specimens of plant, animal and insect life wrote a paper on his own discovery of natural selection. They were the two most important scientists of the 19th century. One of these men is extremely well known; the other, has virtually disappeared from history.

### **G13 Get Your Groove Back**

**4:30 – 6:00 pm** Sept 12, 19, 26, Oct 3

**Instructors: Susie and James Adams**

A line dance is a choreographed dance with a repeated sequence of steps, in which a group of people dance in one or more rows, without regard for the gender of the individuals, all facing either each other or in the same direction, and executing the steps at the same time. Come get your “groove” on, as we learn the latest dances. WE will look like pros!

### **G14 Do you like beautiful jewelry? Create it!**

**3:00 – 4:30 pm** Sept. 12, 19, 26; Oct. 3, 10, 17, 24

**Instructor: Amelia Day**

This class will teach beginners the basics of designing one-of-a-kind bling-blings. Here is your chance to practice the techniques of jewelry making with skilled instructors and go home with a piece you have created. You will learn how to mix and match stones, beads, and glass. What a perfect time to create something special for the holidays. It is nearly gift time! Fee: \$15.00

## Tuesday Courses

### **G15 The War to End All Wars?**

**10:00 – 11:30 am** Sept. 13, 20, 27; Oct. 4, 11, 18, 25

**Instructor: Linda York**

We all ask ourselves about the source of cultural, national, military, and economic conflicts of today’s world. In this course, we will look at the causes of the Great War, some of the military events, and most importantly, the consequences of the war. We will look at the Treaty of Versailles that led to World War II and be the cause of great conflicts in Indochina in the 60s and in the Middle East and Russia today. Please note that this will not be a military history course, but more a social, economic, diplomatic and cultural history course.

### **G16 “What it was, was football”**

**1:00 – 2:30 pm** Sept. 13, 20, 27; Oct. 4, 11

**Instructor: Richard Bohannon**

Need your sports “fix” for the week? Join us for a lively discussion about football. As we all know, Alabama is a football crazy state. However, any and all sports will be open for discussion. We will look at all the new rules covering Alabama’s favorite sport. Guests may drop in, our topics may change, but will always center on the sports world... including local, state, and professional. Your college of choice is not a factor. If you love sports, your gender doesn’t matter. Join us for the banter and fun.

### **G17 Mahjong**

**1:00 – 2:30 pm** Sept. 13, 20, 27; Oct. 4, 11, 18, 25

**Instructor: Charlotte Cohn**

Learn about this ancient Chinese tile game that is part luck, part skill, and all fun. We will begin with the basics for absolute “newbies”, as well as provide strategies and pointers for those wanting to improve their playing skills.

### **G18 Bridge for Beginners**

**1:00 – 2:30 pm** Sept. 13, 20, 27; Oct. 4, 11, 18, 25

**Instructor: Miki Cook**

Location: Senior Activity Center located at 623 board Street, Gadsden, AL 2nd floor Bridge Room (elevator available)  
This course is designed for those who have some experience playing bridge, but may have forgotten many of the common bridge practices, rules, and regulations. You will review how to evaluate your hand, bid, respond, make your contract, and play bridge. You will play bridge every week and practice, practice, practice. Do not miss this opportunity to keep your mind active.

### **G19 What’s Your Story?**

**3:00 – 4:30 pm** Sept. 13, 20, 27; Oct. 4, 11, 18

**Instructor: Bill Browning**

This is a course about how to write your life story and that of your ancestors. I am a writer, a memoirist, and lately a genealogist. I also grew up in that Southern tradition of storytelling. This course describes the reasons for writing your story. Your written legacy is a gift to your children and grandchildren. It is a gift of discovery, a gift of love and honors the past. I take you through “the whys, the wherefores, and how to” elements of research and writing. Everyone has a story to tell and everybody can write. Your results will be rewarded.

OLLI is for learners. You can help OLLI grow by introducing friends.

## Tuesday Courses Continued

**G20 Revolting Women**

10:30 – 11:45 am

October 4, 11, 18, 25

**Instructor: Richard Rhone**  
**(Pre-recorded Video Lecture)**

With the emphasis on the Founding Fathers during the American Revolution and its aftermath, we sometimes overlook the significant contributions made by women in founding our Republic. It was a different time and women's roles may have been legally limited, but that did not limit the courage of our female Patriots. We'll look at the lives of Abigail Adams, Betsy Ross, Martha Washington and others, and the personal sacrifices they made during these turbulent times.

## Wednesday Courses

**G21 Development of the Electoral College**

10:30 – 11:45 am

Oct 5, 12, 19, 26

**Instructor: Bruce Burrows**  
**(Pre-recorded Video Lecture)**

As we prepare for our quadrennial presidential election, it is good to note that this is the only non-democratic election this country holds. This course will review the evolution of the Electoral College to its present condition and review some of the pitfalls that occurred along the way.

**G22 History Over Easy**

10:00 – 11:30 am

Sept. 14, 21, 28; Oct. 5, 12, 19, 26

**Moderators: John McFarland and Randy Holland**

This novel approach to history introduces a "topic du Jour" and allows class participants to chart the course of the discussions. With internet sources available, the moderators' wide range of knowledge, and members' input, you can expect a kaleidoscope of ideas. John and Randy will once again throw out topics for participants to consider, digest, or dissect in as much detail as the moderators will allow.

**G23 Sittin' Up with the Dead**

1:45 – 3:00

Sept. 14, 21, 28; Oct. 5, 12, 19, 26

**Instructor: Skip Campbell****Note: This is a special start time.**

This will be a 24-week (3-term) series that starts by discussing what happens when we die. It examines 19th century cemeteries and graveyards, funeral customs and superstitions, types of graves, grave marker symbology, embalming, origins of the funeral industry and much, much more. We will make several field trips to local cemeteries and participants are encouraged to visit cemeteries close to where they live.

**G24 Medieval Literature**

3:00 – 4:30 pm

Sept. 14, 21, 28; Oct. 5, 12, 19, 26

**Instructor: Dave Murdock**

With its tales of knights and damsels, kings and queens, sorcerers and dragons, Medieval Literature continues to fascinate twenty-first century audiences. Come join us for a romp through deeds of chivalry and romance.

**Session 1** Introduction**Session 2** *Beowulf***Session 3** Anglo-Saxon poetry**Session 4** *Sir Gawain and the Green Knight***Session 5** Chaucer and *The Miller's Tale***Session 6** Chaucer and *The Pardoner's Tale***Session 7** Chaucer and *The Wife of Bath's Tale*

## Thursday Courses

**G25 Genealogy Club**

9:30 – 11:30 am

Sept. 15, 22, 29; Oct. 6, 13, 20, 27

**Instructor: Craig Scott****Location: Gadsden Public Library located at 254 College Street, Gadsden, AL 2nd Floor Computer Room (elevator available)**

The search for your roots is an ongoing process. Regardless of where you are in that search, Craig will provide you with sources and links to the past. Using the latest software and internet sites allows you to shed light on your famous and infamous ancestors. This is not a class for the beginning genealogist. Previous computer experience is a MUST!

**G26 Armchair Travel**

1:00 – 2:30 pm

Sept. 15, 22, 29; Oct. 6, 13, 20

We are off again! This travel group heads for destinations all around the world. Leave your passport and money at home - we are traveling for free. Join us for fun-filled weeks, as we travel the globe and return to enjoy tasty tidbits from each locale.

**Cornwall and Devon****September 15**

Let's take a trip to the remote, wild, westernmost counties of England. The landscape is dominated by moors, sculpted shorelines, broken wild surf, picturesque villages like Port Isaac, the home of the fictional "Doc Martin," and King Arthur's castle, Tintagel. Where else can you find Land's End, Truro Cathedral and a theater perched on a cliff overlooking the English Channel, the stage just above breakers rolling unimpeded across the entire Atlantic Ocean?

**Boston****September 22**

Boston is a thriving and influential metropolis and has been since colonial America. The Boston Tea Party Ships and Museum provide an opportunity to go back in time and delve into American heritage. Historic sites like the State House and Paul Revere's House line the walk along the 2.5-mile Freedom Trail. See the Red Sox at Fenway Park or check out the original

Check out the photo gallery on the  
OLLI at UA Gadsden Center website  
[gadsden.ua.edu/olli](http://gadsden.ua.edu/olli)

*continued page 22*

## Thursday Courses Continued

pub that inspired the TV show Cheers. Grab lunch from a food stand in downtown Quincy Market and view the striking tower of the 300-year-old Custom house. We will get to know Boston from the waterfront to Back Bay.

### Iceland

September 29

Immerse yourself in ethereal panoramic landscapes and breathe in the pure mountain air of this unspoiled land. Diverse sights like icy waterfalls, hot springs bursting from the frosty ground, and possible northern lights sightings make this a place to remember. Starting from Reykjavik, explore Iceland's most talked about attractions, along with some hidden gems you may not find in the guidebooks! Travel along the famous Ring Road; see beautiful waterfalls, glaciers and volcanic formations, as well as the lesser-known gems of the West Fjords.

### New Orleans

October 6

New Orleans has something for everyone! It is described as the northernmost Caribbean city and the westernmost European city. The St. Charles streetcar takes you right through the beautiful garden district. You can always find a great performance of music at Preservation Hall. America's involvement in WWII is explored through a variety of exhibitions at the WWII Museum. The French Market serving sugar-capped beignets with chicory-blended coffee at Cafe du Monde is a must. From some of the classiest venues in America to some of its trashiest dives, New Orleans is a haven where world famous chefs, world class musicians and worldly bartenders bust their chops to ensure you will be thoroughly delighted, if you have the pleasure of spending time here. Laissez les bon temps rouler!

### Peru

October 13

Museums with great works of art, archaeological sites, beaches, the boardwalk, valleys, natural reserves, the nightlife, the thrill of adventure sports and the exquisite cuisine gives Peru's capital an authentic personality and makes tourism in Lima a unique experience in the country.

In this high-altitude melting pot of Amerindian and Mestizo Culture, you'll find extraordinary textiles, lively summer festivals and archeological wonders.

### Spain

October 20

Spain... Have you been? Join us and fall in love with Spain! Fall in love with a lively country rich with Mediterranean flavor, unique traditions and exciting nightlife. Be captivated by the culture, art and festivals. Bullfighting, some of the world's most impressive architecture, spectacular works of art, and exceptional cuisine make this a must-see country. Francine and Dot will take us through the country with stops at all the major sites.

### International Food Fair

October 27

Our presenters offer a variety of taste-tempting, mouthwatering treats that are typical of each locale's culinary heritage. The tasting fair has become the highlight of Armchair Travel. Travel with us and enjoy the "fruits" of the trip

## Thursday Bonus Days

### All BONUSES - THURSDAYS 3:00 – 4:30 pm

Bonuses are a member benefit and registration is not needed. Bring a friend!

### September 15: King's Olive Oil

Presenter: Tena King-Morgan

The tasting of olive oil and vinegar prior to purchase is an old European custom that King's Olive Oil Company proudly brings to historic downtown Gadsden. This class is an interactive and educational tasting experience where you will be introduced to a broad selection of the freshest and purest olive oils and vinegars in this region. If you have ever been curious about the chemical make-up and health benefits of olive oils and vinegars, this is the class for you.

### September 22: Radio: From the Titanic to Transistors

Presenter: John McFarland

We will take a look at the transistor radio and its influence on how we listened to music and the radio in general. A transistor radio is a small portable radio receiver created in 1947 that became the most popular electronic communication device in history. Their pocket size sparked a change in popular music listening habits, allowing people to listen to music anywhere they went. We will learn about these devices and how they entertained us and perhaps a few absurd tips on collecting and listening.

### September 29: Meet Forrest Carter

Presenter: Ray Stonicher

Asa Earl "Forrest" Carter was an American political speechwriter and author, most notable for publishing novels and a bestselling, award-winning memoir under the name Forrest Carter. In 1976, following the publication success of his western *The Rebel Outlaw: Josey Wales*, *The New York Times* revealed Forrest Carter to be Southerner Asa Earl Carter. Prior to his literary career as "Forrest", Carter was politically active for years in Alabama as an opponent to the civil rights movement; he worked as a speechwriter for segregationist Governor George Wallace of Alabama; founded the North Alabama Citizens Council (NACC) and an independent Ku Klux Klan group; and started the pro-segregation monthly titled *The Southerner*.

### October 6: Our Herbal Heritage

Presenter: Darryl Patton

Master herbalist, Darryl Patton, will take us on a journey to discover our herbal roots here in the south. We will learn the identity and uses for many plants as well as herb remedies used by our grandparents and neighbors. Many of these herbs can be gathered all around North Alabama – or even in your own backyard.

## Thursday Bonus Days Continued

### October 13: “The envelope please”: Academy Award Winners for Costume Design

**Presenter: Evelyn Brannon**

Costumes in the movies help set the scene and inspire characterization by actors. Beyond that, movie costumes sometimes become fashion trends. Some costume designers win an Academy Award for their contribution to movie magic. Explore the winners and losers---on the screen and on the red carpet.

### October 20: “Daily Life in Ancient Egypt”

**Presenter: Catherine Hawkins**

Tomb paintings and sacred hieroglyphic texts provide a glimpse into the world of the elite, but information on the lives of ordinary people remains scant. Artifacts related to daily activities and hundreds of documents written by the ancient Egyptians shed light on their lives — the food, clothing, furnishings, cosmetics, trades, crafts, and the fundamental social unit of ancient Egyptian civilization, the family.

### October 27: Halloween Party

**Presenter: Shirley du Pont**

It’s that time again. “Double, Double, Toil and Trouble/Parties Burn and Nonsense Bubble.” Witches brew, ghostly food, and scary surprises await those who venture here this day. Come in your favorite costume (or not) and join us for some OLLI fun!

### November 3: Tablescape Thursday Redeaux

**Presenter: Pam Richardson**

Tablescapes are a unique and innovative way to add flair and inspire creativity from whimsical to formal designs in dressing your tabletops and décor. We invite all of you to sit down for a little something different. Pam is going to concentrate on a holiday theme this time, just in time for us to decorate for the upcoming holidays. This is sooo much fun!

## Dutch-treat Supper Club

We will depart from the Gadsden Center at 5:00 pm and carpool to the various locations. Please be prepared to donate \$3.00 to your driver to help with the gasoline cost.

Supper club trips are dependent on adequate volunteer transportation.

#### G60 Highlands Bar and Grill

2011 11th Ave S, Birmingham  
September 20

#### G61 Cheaha Brewing Company

1208 Walnut Ave, Anniston  
October 4

#### G62 Aqua Restaurant

2140 Gunter Ave, Guntersville  
October 18



# GREATER BIRMINGHAM

*Join Us!*

## Fall Open House & Registration

Thursday, August 25<sup>th</sup>  
1:00 – 1:30 pm  
Vestavia Hills Civic Center

You are invited to stay for the Classic Movie *Little Foxes* immediately following the Open House.

## Monday Courses

### B10 The Holocaust

10:30 pm – 12:00 pm, Monday Sept. 12, 19, 26 & Oct. 10  
Levite Jewish Community Center

Coordinator: Rebecca Dobrinski, Director, Alabama Holocaust Museum

A different speaker from the Birmingham Holocaust Education Center will cover a specific topic each session about this tragic time in our world's history. A special tour of the Birmingham Holocaust Education Center's educational space will be scheduled for OLLI members following the course.

### B11 Magic: How to Influence Friends (and Grandchildren!)

1:30 - 3:00 pm, Monday October 10, 17, 24  
Vestavia Hills Civic Center

Instructor: Tommy Ellison, professional magician, member of the International Brotherhood of Magicians and the Society of American Magicians

Class limited to 16 persons because of the hands-on, one-on-one nature of the teaching. Magic tricks will amaze your family and friends, and will break the age gap between you and your grandkids. A magic trick will add to your presentations, making them more interesting and fun. Magic and sales both require presentation skills. Learn how to leave your business card magically so that the recipient will never throw it away. This course will include instructions to learn 10 entertaining card tricks, using an ordinary deck of cards. Two additional tricks will be taught using other, everyday items. Each trick will be performed, explained, taught with hands-on instruction, and described in easy-to-follow handouts.

### B12 The Civil War and Reconstruction in Alabama

1:30 – 3:00 pm, Monday November 7, 14, 21, 28  
Vestavia Hills Civic Center

Instructor: Guy Hubbs, Professor Emeritus, Birmingham Southern College

The Civil War altered Alabama in fundamental ways that still loom large. We will look first at the impending crisis and then examine the four years of armed conflict in Alabama, the home front, and the torturous attempts to put the state back together.

## Share your ideas and get involved with OLLI of Greater Birmingham!

Connie Arnwine, Board Member-at-Large [cbarnw@gmail.com](mailto:cbarnw@gmail.com)  
Bob Kolar, Advisory Chair [rvkpe@yahoo.com](mailto:rvkpe@yahoo.com)  
Nancy Ekberg, Curriculum Chair [nanekberg@aol.com](mailto:nanekberg@aol.com)  
Julie Harper, Membership Chair [jharper@vhal.org](mailto:jharper@vhal.org)  
Glenn Morgan, Marketing Chair [dglennmorgan@charter.net](mailto:dglennmorgan@charter.net)  
Bob Sholand, Field Trips Chair [rpscholund@gmail.com](mailto:rpscholund@gmail.com)  
Martha Weber, Catalog Editor  
Social Chair, open

## Greater Birmingham Locations

### Vestavia Hills Civic Center

1975 Merryvale Rd, Vestavia, AL 35216, 205-978-0166

### Vestavia Hills Library in the Forest

1221 Montgomery Hwy, Vestavia, AL 35216, 205-978-4678

### Levite Jewish Community Center

3960 Montclair Rd, Birmingham, AL 35213, 205-879-0411

### Homewood Library

1721 Oxmoor Rd, Homewood, AL 35209, 205-332-6600

### Homewood Senior Center

816 Oak Grove Rd, Homewood, AL 35209, 205-332-6500

Members are encouraged to take advantage of the membership benefit to participate in the offerings at any of the other chapters.

*Mark Your Calendars!*

## 2017 Spring Open House & Registration

Entertainment by Sweet Adelines Quartet

Thursday, December 8, 1:00 - 3:30 pm  
Vestavia Hills Civic Center

Enjoy refreshments, learn about the Sweet Adelines and hear from OLLI member and performer, Pam Cottingham.

## Tuesday Courses

**B13 Learning to Write From Your Heart**

1:30 – 3:00 pm, Tuesday September 6, 13, 20, 27

Vestavia Hills Civic Center

**Instructor: Philip Theibert, writing coach and author**

Philip coaches the hidden writer in each of us and brings out the interior genius that exists within us all. He gives us little exercises that force the creative genius to spill out on paper. He unleashes the unspoken stories inside all of us and encourages the writing that is a catharsis for pent-up emotions and feelings. He is a truly enabling writing coach.

**B14 Chess: Brain Games for Healthy Living**

10:30 – 12:00 pm, Tuesday October 11, 18, 25

and for those who want to further their skills:

**B15 Chess: Brain Games for Healthy Living - Advanced**

10:30 – 12:00 pm, Tuesday December 13, 20, 27

Vestavia Hills Civic Center

**Instructor: Michael Ciamarra, Certified Chess Instructor & Advanced Chess Coach**

Each course limited to 30 players. Learn the most famous “brain game” of all time that helps strengthen memory, attentiveness, and cognitive performance. Michael will teach us in an easy-to-learn format the fundamentals of chess so that each member of the class will enjoy playing games in a very short time. Participants will learn about the creativity and brain health benefits of chess. Those who wish to further their skills may return in December to continue with Michael’s award winning program (must have attended the October sessions).

**B16 Healthcare in the Senior Years**

10:00 am – 12:00 pm, Tuesday November 1, 8, 15, 22, 29

Except 1:00 – 3:00 pm on November 15

Vestavia Hills Civic Center

**Instructors: Dr. Andrew Duxbury, Professor of Gerontology, UAB, together with Dr. John Tingley, retired urologist; Glenn Morgan, retired pharmacist; and Dr. Marcie Lynn, manager, Walgreens Pharmacy, Vestavia Hills**

**November 1: Dr. Duxbury. Theories of Aging.** What is Old? How do we define Health? The big why; Biology; Physical signs; Normal changes of aging; Life expectancy vs life span; Biologic theories of aging; Things that seem to enhance aging; The Hayflick effect

**November 8: Dr. Lynn.** Over-the-counter medicines, potential interactions with some prescription drugs, supplements/vitamins and probiotics

**November 15: Dr. Duxbury. Syndromes and Diseases of Aging.** General principles. Multifactorial issues requiring multifactorial solutions; Role of environment and non-medical factors; Theory of the balance point; Respiratory; Cardiac; GI; GU; Metabolism/Endocrine; Musculoskeletal System; Neurologic

**November 22: Dr. John Tingley. Changing Healthcare Landscape. Why it is Happening and What to Expect?**

Costs: Insurance, pharmaceutical, and medical device industries - Hospital vs outpatient and home care/Changing patient and disease demographics - Consumer influence, long-term care; Social worker, other health care providers, public health/Prevention and substance abuse entities/Alternative health care/Healthcare cooperatives

**November 29: Glenn Morgan.** Immunizations, vaccinations, and boosters for seniors and for travel

## Wednesday Courses

**B17 Alabama Governance, Legislation, Politics, & the Media**

10:30 – 12:00 pm, Wednesday October 5, 12, 19, 26

Vestavia Hills Civic Center

**Coordinator: Nancy Ekberg**

**October 5: Greg Canfield, State of Alabama Secretary of Commerce** (and Director of the former Department of Economic Development) will describe what it takes to bring a business to Alabama or to expand an existing business, how incentives are offered, and the role of the community and the citizens.

**October 12: Senator Jabo Waggoner** will describe the Alabama Senate structure, rules committee, and procedure. **Senator Linda Coleman** will describe the path of legislation, filibuster, and cloture and what it takes to get legislation passed. **Senator Cam Ward** will describe his prison reform legislation to solve the prison problem in this State.

**October 19: Representatives Jim Carns, Merika Coleman-Evans, and Danny Garrett** will describe the structure and procedure in the State House of Representatives, how a bill begins and passes through the House, what bills begin in the House, how bills are amended, filibuster and cloture, bills that require a super majority to pass, and the difference between a resolution and a bill.

**October 26: Journalists John Archibald and Barnett Wright** will tell all about the politics and media in Alabama.

**B18 Science for Non-Scientists**

10:30 am – 12:00 pm, Wednesday November 2, 9, 16, 30

Vestavia Hills Civic Center

**Instructor: Gene Byrd, Professor Emeritus of Physics and Astronomy, UA**

Learn about the scientific discoveries of the past and how they have impacted our lives. The class will cover current, recent, and future events in science such as gravitational waves and the upcoming solar eclipse. There will also be other topics such as getting a Christmas telescope that won't wind up gathering dust in your closet.

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# GREATER BIRMINGHAM

## Wednesday Courses Continued

### **B19 China's History and Current Political & Economic Status**

10:30 am – 12:00 pm, Wednesday December 7, 14, 21, 28  
Vestavia Hills Civic Center

**Instructor:** Matt Levey, Professor of History & Director of Asian Studies, Birmingham-Southern College

This class will feature the early history of China and its current culture and political condition, highlighting the heightened prosperity that has brought so many of its citizens out of severe poverty. Discover what has contributed to the economic improvement and find out whether the form of Communism practiced today is less restrictive than in the past. What is the new China?

## Thursday Courses

### **B20 Water & the Environment**

10:30 am – 12:00 pm, Thursday September 8, 15, 22, 29  
Vestavia Hills Civic Center

**Instructor:** James Lowery, retired Director of Management Support Services, UAB; serves on nine environmental boards

**September 8: Antarctica: Personnel Encounters with the White Continent** This presentation combines the sights and scientific information from trips to Antarctica, the Falkland Islands, South Georgia, and South America, incorporating the science of the region and its wildlife (sea birds, penguins, whales, seals, etc.) as well as views of the land.

**September 15: Water, Water Everywhere: The Netherlands (Holland) – A Country Below Sea Level Where the Past Meets the Future** This presentation provides information about a country that must deal daily with the dynamics of living below the level of the North Sea, water control, and continual water removal since the 1200s. At the same time, it is dependent on its waterways of canals and rivers for living, commerce, and travel. The country is a combination of the old and the new, the past and the future, the rural and the urban.

**September 22: Constructed Wetlands for Wastewater Treatment** Wetland plants clean water naturally by removing or immobilizing pollutants through several processes. Treatment wetlands (“artificial” and natural) are being used throughout the world (and throughout Alabama) to treat various types of wastewater from municipalities, mining operations, landfills, individual homes (“home site wetlands”), high schools, college and university buildings, industry, commercial establishments, storm water runoff, and agricultural operations.

**September 29: Creek Walking in Birmingham – Shades Creek and Its Major Urban Tributaries** By walking *in* the creeks, the presenter has observed first-hand the dynamics of the creeks, what has been done to them, the wildlife, and the things that people have thrown in or that have washed in through storm drains. This program will show what the three major urban tributaries of Shades Creek look like.

## Bonus Programs

### **Panel Discussion on Community Media**

1:30 – 3:00 pm, Thursday September 1  
Vestavia Hills Library in the Forest – Community Room

**Coordinator:** Nancy Ekberg

**Moderator:** John Northrop, former journalist and former Executive Director, Alabama School of Fine Arts

*Vestavia Voice, Homewood Star, Village Living, Over the Mountain Journal, 280 Living,* and *Hoover Sun* reporters and editors will discuss what it takes to cover our communities and why they are successful when many in the mainstream media are not.

### **Animal Behaviorism**

2:00 – 3:30 pm, Wednesday September 7  
Homewood Library

**Presenter:** Lawrence Myers, former professor, Auburn's College of Veterinary Medicine, and animal behavior researcher and consultant

Dr. Myers will discuss behavior problems in dogs and cats; use of dogs as detectors of drugs, explosives, and more exotic targets; as well as legal issues surrounding the use of dogs in law enforcement. He will also share information on the speculation that dogs can smell (detect) diseases like malaria.

### **ID Theft & Personal Protection**

10:30 am – 12:00 pm, Wednesday September 14  
Vestavia Hills Civic Center

**Presenter:** Detective James Hester, Financial Crimes Unit, Hoover Police Department

From the police who deal with these issues every day, learn how to prevent ID theft, credit card abuse, computer hacking, and personal attacks; and what you can do to protect yourself.

### **Evangelism in America: A Case of Unintended Consequences**

1:00 – 2:30 pm, Friday September 16  
Homewood Library - Round Auditorium

**Presenter:** Shirley Worthington, professor of early American literature, Jefferson State University

Religious freedom is a foundational characteristic of American colonists, and Puritanism established the most influential iteration. As religious fervor dimmed, however, the Puritans sought to revive their “glory days” but instead unleashed their evangelical antithesis.

### **Red Mountain Park**

10:30 am – 12:00 pm, Tuesday October 4  
Vestavia Hills Civic Center

**Presenters:** David Dionne, Executive Director, & Ian Hazelhoff, Natural Resource Specialist

Red Mountain Park is one of the most ambitious and historically significant new park projects in America. David will present an overview of this urban mega park; and Ian will focus on the land, preservation of the natural resources in the park, and the goats. A tour of the park will follow the presentation - please see the details in the Field Trips section.

## Thursday Bonuses Continued

**Art: How to Bring Out the Creative Artist in You**

1:30 – 3:00 pm, Thursday

October 6

**Vestavia Hills Library in the Forest - Community Room****Presenter: Joan Curtin, professional artist**

Watch as magic starts with a blank canvas. Joan uses acrylic paint and a palette knife. Within a minute or two you will see it come alive with lots of colors and textures, and by the end of the demonstration a floral painting will be completed. Perhaps you will be inspired; if not to paint yourself, then to appreciate more fully the beauty of all art.

**The Titanic**

2:00 – 3:30 pm, Thursday

October 13

**Homewood Library****Presenter: Julie Williams, Assistant Professor of Journalism, Samford University, and author**

Professor Williams describes her great-uncle's story as part of the historic encounter between the "unsinkable" vessel and an iceberg. He related to Julie how he, his wife, and 10-month-old son narrowly escaped death in their harrowing experience.

**Siege of Leningrad**

1:30 – 3:00 pm, Thursday

October 20

**Vestavia Hills Library in the Forest - Community Room****Presenter: Peter Kirchikov, Ukraine native, historian, and author**

Learn how the Russians held off the Nazis for 900 days in the longest and bloodiest battle of World War II. Hitler planned to destroy all lives in Leningrad through heavy bombings, air raids, deprivation, and starvation. His forces did kill more than 650,000.

**The Wright Brothers' Aviation School in Alabama**

2:00 – 3:30 pm, Thursday

October 27

**Vestavia Hills Civic Center****Presenter: Julie Williams, Assistant Professor of Journalism, Samford University, and author**

The Wright brothers established a flight school in Montgomery to help the country learn to fly and to accept the new way to travel. Newspaper accounts in 1910 gave a picture of flying that portrayed "misconceptions, hopes, dreams, and fears" of the new opportunity. For most people, it was only a dream as flight was unavailable for most. Julie recounts the establishment and history of the flying school.

**Bay of Pigs Debacle**

1:30 – 3:00 pm, Thursday

November 3

**Vestavia Hills Library in the Forest - Community Room****Presenter: Howard Jones, Professor of History, UA, and author**

"Four Days in April at the Bay of Pigs" – CIA and the Mafia? Assassination of Fidel Castro? JFK and James Bond? "The Godfather"? "Mission Impossible"? "Laugh-In"? Frank Sinatra? Phyllis McGuire? What do all of these have to do with the Bay of Pigs? Find out at this session.

**Andrew Jackson, President and the \$20 Bill**

1:00 – 2:30 pm, Friday

November 4

**Homewood Library****Presenter: Richard Rhone, historian and author**

Who was Andrew Jackson? How did he rise to become the 7th President of the United States? What is the discussion about his face and that of Harriet Tubman on the \$20 bill?

**Life in Birmingham in 1916**

1:30 – 3:00 pm, Thursday

November 17

**Vestavia Hills Library in the Forest – Community Room****Presenter: Laura Gentry and others, Southern History Department, Birmingham Public Library**

What was life like in Birmingham 100 years ago in 1916? Get a glimpse into the past, as the Southern History Department librarians take you on a journey through the news, stories, and advertisements gleaned from Birmingham newspapers from the year 1916.

**A Memorable European Trip Through History**

10:30 – 12:00 pm, Friday

December 2

**Levite Jewish Community Center****Presenters: Anne & Jack Norris, motivational speakers**

Jack and his wife recall their memorable 10-day trip to Europe this year. Taking a designed Gate 1 tour, they traveled to Germany, Switzerland, France, Liechtenstein, and Austria. Major points of interest included a Mozart/Strauss concert in Austria, Baden Baden, Mount Pilatus, and the Schonbrunn Palace. Along the way, Anne and Jack will discuss living history moments such as the "Sound of Music" movie in Salzburg, "The Student Prince" movie with Mario Lanza in Heidelberg, Germany's wartime occupation of the Black Forest, and where Hitler's 1938 speech took place in Austria. As an added feature, learned travel techniques will be reviewed for those traveling with tour groups.

**Impact Crater in Wetumpka, Alabama**

2:00 – 3:30 pm, Tuesday

December 6

**Homewood Library****Presenter: James Lowery, retired Director of Management Support Services, UAB; serves on nine environmental boards**

Scientists estimate that the energy released during the explosion that created the Wetumpka Impact Crater was over 175,000 times the energy of the nuclear bomb detonated at Hiroshima, Japan, in 1945. Late Cretaceous dinosaurs and all living things out to a radius of many miles would have been killed almost instantly. This presentation will provide information about the crater, which is located beside the Coosa River in central Alabama, including photographs of the crater as it appears today and information on how to see it, when in the Wetumpka area.



*Mark Your Calendar!*

## Open House and Registration

**Tuesday, September 13<sup>th</sup>,**

**5:00 – 5:30 pm**

**Horseshoe Farm Clubhouse**

**1310 Main Street, Greensboro, AL**

Open House is a great time to invite a friend and introduce them to other OLLI members! After the social time, we will start the scheduled Bonus Program.

Bonus Programs are held at Horseshoe Farm Clubhouse located at 1310 Main Street, Greensboro, AL

## Share your ideas and get involved with OLLI in Greensboro!

Please contact Caroline Cutler, Curriculum Chair  
csistergirl@aol.com

Members are encouraged to take advantage of the membership benefit to participate in the offerings at any of the other chapters.

## Bonus Courses

### “Crafting Transitions: Tuscaloosa Art and Architecture from 1816 to 1861”

Tuesday, September 13<sup>th</sup>, 5:30 pm

Presenter: Ian Crawford

Ian will present on Tuscaloosa’s unique history of architectural styles and decorative arts through the mid-19th century.

### “A Celebration of the 50 Year Anniversary of the Preservation Society”

Tuesday, October 11<sup>th</sup>, 5:30 pm

Presenter: Ian Crawford

Ian’s presentation will relate preservation practices and comment on the future of historic house museums.

### Tuesday, November 8<sup>th</sup> – ELECTION DAY.

There will be no OLLI program in November.

### “Christmas through the Eyes of the Old Masters”

Tuesday, December 12<sup>th</sup>, 5:30 pm

Presenter: Kitty Johnson

Kitty will present on how the greatest painters of history depicted Christmas, from the Annunciation to the Nativity to the Presentation in the Temple. This talk will mix a little art history, a little artistic technique, a little history, and even a few secrets of the Old Masters.

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## Bonus Programs

Bonus programs are scheduled throughout the term in the North Pickens area. No registration is required.

### “Book: The Life & Morals of Jesus of Nazareth”

Tuesday, August 30th, 5:30 - 7:30 pm

Location: Gordo City Hall, 25226 Hwy. 82, Gordo, AL

Presenter: Skip Campbell

Learn about The Life and Morals of Jesus of Nazareth, commonly referred to as the Jefferson Bible, a book constructed by Thomas Jefferson over a number of years and completed around 1819, by meticulously cutting and pasting (with a razor and glue), numerous sections from various translations of the New Testament (Greek, Latin, French, and English) as extractions of the doctrine of Jesus.

### “Introduction to Birding in Alabama”

Tuesday, October 11th, 5:30 – 7:30 pm

Location: Gordo City Hall, 25226 Hwy. 82, Gordo, AL

Presenter: Dwight Lammon

You will be introduced to this popular hobby by local birding enthusiast, Dwight Lammon, who will present photographs and sounds of Alabama birds.

### “Holiday Letterpress Printing”

November 15th, 5:30 – 7:30 pm

Location: 150 2nd Ave NW, Studio 150, Gordo (corner of 2nd Street and 2nd Avenue)

Presenters: Members of Crossroads Arts Alliance

Experience using Vandercook presses to produce several holiday prints

*Mark Your Calendar!*

## Open House and Registration

Tuesday, August 30th

5:30 – 6:00 pm

**Gordo City Hall  
25226 Hwy. 82, Gordo, AL**

Open House is a great time to invite a friend and introduce them to other OLLI members! After the social time, we will start the scheduled Bonus Program.

Share your ideas and get involved with OLLI in North Pickens!

Please contact Craig Patterson, Membership/Curriculum Chair, [chief@starboardrailbooks.com](mailto:chief@starboardrailbooks.com).

Members are encouraged to take advantage of the membership benefit to participate in the offerings at any of the other chapters.



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# FIELD TRIPS FOR ALL MEMBERS

## OLLI at UA Field Trips – All Chapters

Registration may be made online at [www.lli.ua.edu](http://www.lli.ua.edu) or call Registration Services 205-348-3000 or 1-866-432-2015. Registration is limited on a first come, first served basis. Fees must be paid with registration. Cancellations can only be made by contacting UA Registration Services at (205) 348-3000. Refunds will not be issued for cancellations within 14 days of the trip. Substitutions are not allowed. The activity level is listed to assist in planning. If you have further questions, please contact the facilitator.

OLLI field trips are educational and fun! Members are encouraged to participate in field trips at any of the chapters. Field trips are grouped below by their departure location Tuscaloosa, Gadsden, Vestavia Hills.

## Activity Level Icons



Walking,  
Flat



Walking,  
Uneven/  
Outdoors



Extended  
Standing



Easy  
(Sitting)



Stairs or  
Climb

## Depart from Tuscaloosa

All Tuscaloosa field trips depart from either BCC or Bowers Park as noted in the description. Transportation for the trips will be by charter bus or vans and we can no longer guarantee a restroom on the bus. The type of transportation provided is at the sole discretion of the OLLI Program Director.

### A131 International Motorsports Hall of Fame, Talladega Superspeedway Tour, & Higher Grounds Roasters (Leeds)

**Friday, September 16**

**Facilitator:** Peggy Hamner [sswims2001@gmail.com](mailto:sswims2001@gmail.com)

**Registration deadline:** Thursday, September 1

**Depart BCC:** 9:00 am; Return 4:30 pm

**Fee:** \$56 (includes transportation, entrance to Museum & Superspeedway Tour)

**Activity Level:** Moderate (walking flat; extended standing)

The International Motorsports Museum is dedicated to the preservation of the history of motorsports. Take a walking, self-guided tour through the Museum, home to historic vehicles from various worlds of racing that include stock cars, open wheel, NHRA, road racing, modified, motorcycle and much more. We'll complete our Talladega visit with a narrated ride around the Superspeedway. After a Dutch-treat lunch, we will stop in Leeds to find out how Higher Ground Roasters processes organically grown coffee beans bought from farmers around the globe, and taste samples of their product.



### A132 Kyser Catfish Farms, Greensboro and Auburn Rural Studio, Newbern

**Friday, September 23**

**Facilitators:** Peggy Hamner [sswims2001@gmail.com](mailto:sswims2001@gmail.com)

**Registration deadline:** Thursday, September 8

**Depart Bowers Park:** 8:30 am; Return 3:00 pm

**Fee:** \$48 (transportation)

**Activity Level:** Moderate (Walking/Uneven/Outdoors)

In the morning, enjoy a visit to a working catfish farm. Townsend Kyser will conduct a tour of the farm, explaining the operation. Hopefully, we will be able to watch while fish are being harvested from one of the ponds. After a Dutch-treat lunch (catfish, anyone?), we will drive to Newbern to view community projects and see some of the Rural Studio's recent "20 K" homes, designed and constructed for \$20,000 and occupied by local residents.



### A133 Vizzini Farms Winery (Calera) & Petals from the Past

**Friday, September 30**

**Facilitator:** Sheree Miller [evergreens3@yahoo.com](mailto:evergreens3@yahoo.com)

**Registration deadline:** Thursday, September 15

**Depart Bowers Park:** 9:15 am; Return 4:45 pm

**Fee:** \$54 (transportation and lunch), tip extra

**Activity Level:** Moderate (walking indoors/outdoors/uneven ground)

Enjoy a tour, wine tasting and purchases, followed by lunch at Vizzini Farms Winery, established by a second generation Italian family with the goal of bringing premium quality wines to Alabama. From the winery, we will travel to nearby Petals from the Past, a family owned and operated nursery that specializes in antique roses, heirloom shrubs and hard-to-find perennial flowers and herbs. During a guided tour through the gardens and fruit areas, we'll learn what's appropriate to plant in the fall. You'll have time to enjoy shopping for seasonal plants and browsing the gift shop!



# FIELD TRIPS FOR ALL MEMBERS

Depart from Tuscaloosa Cont.

## A134 Civil Rights Tour on Campus and the A.S. Williams III Americana Collection Friday, October 7



**Facilitator:** Peggy Hamner [sswims2001@gmail.com](mailto:sswims2001@gmail.com)  
**Registration deadline:** Thursday, September 22  
**Depart BCC:** 9:30 am; Return 3:00 pm  
**Fee:** \$24 (transportation)

**Activity Level:** Moderate (walking outdoors; extended standing)

The immediate connection usually made between The University of Alabama and the development of civil rights on campus is George Wallace's "stand in the schoolhouse door", but there is much more to this history. Starting at Malone-Hood Plaza in front of Foster Auditorium, we will hear about the first three African-American students to be admitted to UA, then walk to other relevant sites under the guidance of a UA faculty member to learn more about desegregation of the university and its progress in civil rights since those eventful days in the mid-1900s. The walking tour will take about two hours, and then we'll take a break for a Dutch-treat lunch. After lunch, we'll visit the A.S. Williams III Americana Collection in the Gorgas Library. The collection includes materials from between the late seventeenth century and 2009, that predominantly focuses on Alabama, the Civil War, presidential history, and the American South. We'll view a selection of these treasures and learn in some detail about a few favorites of curators of the collection.

## A135 Alabama Wildlife Federation's NaturePlex (Millbrook) Friday, October 14



**Facilitators:** Philip Malone [philipgmalone@gmail.com](mailto:philipgmalone@gmail.com) and Peggy Hamner [sswims2001@gmail.com](mailto:sswims2001@gmail.com)  
**Registration deadline:** Thursday, September 29  
**Depart BCC:** 8:30 am; Return 6:00 pm  
**Fee:** \$59 (transportation, admission)  
**Activity Level:** Moderate/Strenuous (walking flat, walking uneven/outdoors)

The NaturePlex serves as the Welcome and Education Center of the Alabama Nature Center, providing a state-of-the-art window into the state's diverse ecosystems that range from the Appalachian foothills in northeast Alabama to the white-sand beaches of the Gulf of Mexico. We will attend their Golden Expeditions Program, designed for those 40 and up. This three-hour program includes lunch in, a nature-themed movie, a 45-minute casual nature hike, and a Discovery Hall experience. On the way, we will take a short detour to see historic Prattville. Coming back, if time and our legs allow, we will make a quick visit to the Wilderness Park/Bamboo Forest in Prattville. Total walking for the day is two to three miles. Bring your camera, as there will be plenty of photo opportunities!

## A136 Camp McDowell Friday, October 21



**Facilitator:** Peggy Hamner [sswims2001@gmail.com](mailto:sswims2001@gmail.com)  
**Registration deadline:** Thursday, October 6  
**Depart BCC:** 8:00 am; Return 4:00 pm  
**Fee:** \$46 (transportation and lunch)

**Activity Level:** Moderate (walking on uneven surfaces, standing)

Camp McDowell, situated on over 1,000 acres of lush countryside near Nauvoo, AL, is the official camp and conference center for the Episcopal Diocese in Alabama. The camp offers the public a conference center, educational programs, and workshops for all ages. Our visit will start with a tour of the camp's farm and lunch with the Farm School staff. We'll enjoy produce from the farm and hear how the staff immerses students in farm life, helping them experience fields, gardens, animal barns, and forests firsthand. After lunch, we'll meet the Director of Educational Programing at the McDowell Environmental Center and learn about its outdoor hands-on curriculum, focused on basic ecological concepts. We'll wind up our visit with a short tour of the camp's conference facilities.

## A137 Greensboro Historic Homes, Downtown, and the Greensboro Opera House Friday, October 28



**Facilitators:** Brenda Harris [bharris3712@gmail.com](mailto:bharris3712@gmail.com)  
**Registration deadline:** Thursday, October 13  
**Depart BCC:** 9:00 am; Return 3:30 pm  
**Fee:** \$23 (transportation and lunch)

**Activity Level:** Moderate (walking flat, stairs, extended standing)

Join us for a visit to Greensboro to include the historic Greensboro Opera House, a walking tour of downtown and a guided tour of historic homes. Ian Crawford, owner of The Oaks, will lead the home tour and will provide lunch, as well as a tour of his own home and grounds.



# FIELD TRIPS FOR ALL MEMBERS

Depart from Tuscaloosa Cont.

## A138 Bamboo, Feijoa, and Sugar Cane - Fascinating Crops of Alabama

Friday, November 11

Facilitators: Gloria Oglesby bamaglo@comcast.net and Chris Bell christel4388@att.net

Registration deadline: Thursday, October 27

Depart Bowers Park: 9:00 am; Return 3:00 pm

Fee: \$20 (transportation and lunch)

Activity Level: Moderate (Walking Uneven/Outdoors; Extended standing)

Good things happen in November - football, Thanksgiving - and, we've found two more - making sugar cane syrup and harvesting Feijoa fruit. Located on a hill north of Greensboro is the Sims' Branch Syrup Company, where sugar cane is cut and pressed, and the juice is carried through a heating process to make sugar cane syrup. We will watch this old-fashioned operation from start to finish and may even be able to buy a jug of syrup to bring home. After lunch at the famous Pie Lab, we will visit The Woodland Plantation, where the fruit of Feijoa trees (pineapple-guava) is harvested and sold. Buck Whatley, the owner, will also show us his bamboo groves. Buck is famous for growing bamboo in unique shapes and for the vases he makes from the bamboo. Lunch is included in your fee, but tip and dessert are extra (pie slice \$4.40 + tax).

## A130 New York City Christmas Tour

Tuesday, November 29 – Friday, December 4

Facilitator: Beth Seale sealeb51@gmail.com

Registration deadline: Tuesday, September 27

Depart BCC: 8:00 am; Return 6:00 pm

Fee: \$1,759.00 double occupancy, \$2,199 single occupancy

Activity Level: Moderate (walking flat; extended standing)

Fee includes round trip airfare, motor coach transportation, a local tour guide, four days and three nights in a NY hotel, baggage and baggage handling. Breakfast is included daily, and one dinner, tickets to the Rockettes and to a Broadway play is also included. Travel insurance is available.

Nothing marks the beginning of the magical holiday season in New York City like the lighting of the Rockefeller Center Christmas Tree! Be there to see the tree and all things which make New York City famous! Enjoy a guided tour of the city, a performance of both the Radio City Music Hall Christmas Spectacular, featuring the Rockettes, and a wonderful Broadway play. Tour New York's Christmas window displays and the lights of Times Square. Visit the Holiday Market at Bryant Park and enjoy free time to explore and shop in the world's ultimate shopping destination. In addition, we will visit the 9/11 Memorial and Museum.

## A139 Christmas at the Alabama Theatre

Sunday, December 11

Facilitator: Amelia Yessick ameliaheath@hotmail.com

Registration Deadline: Wednesday, November 16, 2016

Depart BCC: 10:15 am; return 5:30 pm

Fee: \$39 (transportation and movie ticket)

Activity Level: Easy (walking indoors) The theater has no elevator so some may sit downstairs, which is completely accessible.

Following a Dutch-treat lunch at Sweet Tea, a popular downtown B'ham restaurant (\$\$\$), we will enjoy the beauty of Christmas splendor as presented by the venerable Alabama Theatre, with a towering decorated Christmas tree in the lobby and beautiful lights throughout. The afternoon will feature a half hour concert performed on the Wurlitzer Theatre Organ before the feature film, which will be White Christmas (or a similar holiday classic), on the big screen.

Depart from Gadsden

All Gadsden trips depart from the UA Gadsden Center, unless otherwise noted. Due to limited seating capacity, field trips are limited to 16 for most trips.

## G50 The Booth Western Art Museum and Tellus Science Museum

Friday, September 9

Tour Manager: Shirley du Pont slild01@aol.com

Registration Deadline: Thursday, August 25

Depart 8:00 am; Return 6:00 pm

Fee: \$50.00 (transportation and admissions) plus Dutch-treat lunch

Activity Level: Moderate (walking flat; extended standing)

The Booth Western Art Museum houses the largest permanent exhibition space for Western Art in the United States. See more than 200 Native American artifacts, a Presidential Gallery, and the Sagebrush Ranch - an interactive gallery. A two-story sculpture court, two authentic stagecoaches, and more than 200 Native American artifacts round out the story of the historic American West. The museum also boasts a Presidential Gallery with a photograph and original signed letter from all 43 United States Presidents, and a Civil War Gallery which chronicles the greatest conflict in our nation's history.

Tellus Science Museum features galleries devoted to minerals, fossils, transportation technology, and hands-on science experiences. The Weinman Mineral Gallery showcases more than 4,000 rocks, gems and minerals on display. The Fossil Gallery features Stan, a 40-foot Tyrannosaurus Rex, along with other dinosaurs and fossils, allowing visitors to trace the history of life on Earth.

# FIELD TRIPS FOR ALL MEMBERS

Depart from Gadsden Cont.

## G51 Explorations in Antiquity

Friday, September 23

Tour Manager: Shirley du Pont slild01@aol.com

Registration Deadline: Thursday, Sept 8

Depart 8:00 am

Fee: \$60.00 (transportation, admission and lunch)

Activity Level: Moderate (Walking Uneven/Outdoors; Extended standing)

The Explorations in Antiquity Center helps people encounter the ancient biblical world through its history and culture. Sit in an authentic goat hair tent like the nomadic shepherds have lived in for thousands of years. See tombs, dine with the ancients, enter the time tunnel, and see 250 ancient artifacts in real-life settings in the Biblical Life Artifacts Gallery. The Biblical Meal is a four-course meal consisting of 15 different food items, including soup, salad, fruit, main course, dessert and all beverages (grape juice, water, or wine). Your guide will explain ancient meal practices including Passover and the Last Supper, and the setting of the table for reconciliation.



## G53 Alabama Jazz Hall of Fame and Alabama Theatre

Friday, October 21

Tour Manager: Shirley du Pont slild01@aol.com

Registration Deadline: Thursday, October 6

Depart 8:00 am

Fee: \$45.00 (transportation and admission) plus Dutch-treat lunch

Activity Level: Moderate (walking flat; extended standing)

This art-deco museum honors great jazz artists with ties to the state of Alabama. Exhibits convey the accomplishments of the likes of Nat King Cole, Duke Ellington, Lionel Hampton and Erskine Hawkins and the music that made them famous. The Alabama theater was once called the "Showplace of the south: and was the most elegant and elaborate theaters in the nation. The Mighty Wurlitzer is one of the 25 of its type ever build. The Lyric was once the finest performing arts theater in the city and through its restoration, it promises to be again. This century-old venue is a beacon of history, entertainment and culture in the heart of Birmingham.



## G52 Hills and Dales Estate

Friday, October 7

Tour Manager: Shirley du Pont slild01@aol.com

Registration Deadline: Thursday, September 22

Depart 8:00 am

Fee: \$45.00 (transportation and admission) plus Dutch-treat lunch at Taste of Lemon

Activity Level: Moderate (Walking Uneven/Outdoors; Extended standing)

Completed in 1916, the 13,000 square foot home was designed to flow gracefully into its gardens—a series of dwarf boxwood parterres planted by Sarah Ferrell, which have adorned the terraces of the hill for more than 175 years and is considered one of the best preserved 19th century gardens in the country. Visitors are shown a brief orientation film, followed by a guided tour of the 30-room Georgian Italian villa and self-guided tour of the pre-Civil War gardens.



## G54 Helen, GA

Friday, October 28 – Sunday, October 30

Tour Manager: Shirley du Pont slild01@aol.com

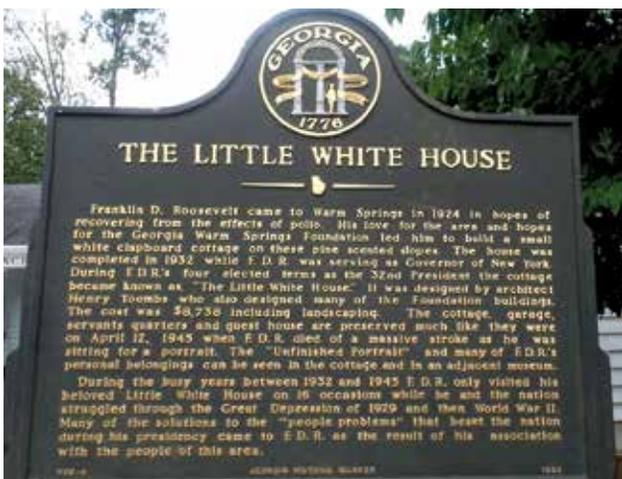
Registration Deadline: Thursday, October 13

Depart Friday, 8:00 am

Activity Level: Moderate (Walking Uneven/Outdoors; Extended standing)

Fee: \$280.00 dbl, \$480.00 sgl (transportation, admission)

We will travel to Helen, Georgia, a re-creation of a Bavarian Alpine village, complete with cobblestone streets. Helen offers more than 200 specialty shops, with everything from candle-making and glass-blowing to cuckoo clocks and quilts. We will stay at the Unicoi State Park. A shuttle will take us to the summit (4,784') of Brasstown Bald for a 360 degree view of the countryside, and then visit Cottage Vineyard and Winery. Wine tastings are available for a small fee. We'll visit Amicalola Falls and have brunch at the Maple Restaurant.



# FIELD TRIPS FOR ALL MEMBERS

## Depart from Birmingham

All Greater Birmingham field trips will depart from the Vestavia Hills Civic Center. Transportation will be by a City of Vestavia Hills bus which has limited seating. Members pay in cash towards the cost of gas.

### B50 Lyric and Alabama Theatres & Alabama Jazz Hall of Fame Friday, September 9



**Coordinator:** Virginia Adams  
**Registration deadline:** Friday, August 26  
**Depart 9:00 am; Return 3:00 pm**

**Activity Level:** Easy; wear comfortable shoes for tours  
**Cost:** \$23 for tours; Bring \$1 for gas, lunch Dutch-treat

Tour the recently reopened Lyric Theatre, a Broadway style theater built in 1914, at 9:30 AM, and the Alabama Theatre, the "Showplace of the South" built in 1927 for large silent movie audiences, at 11:30 AM. Lunch "Dutch-treat" at a restaurant in the area. At 1:30 PM, tour the Alabama Jazz Hall of Fame in the renovated 1935 Carver Theater, which includes priceless jazz memorabilia such as paintings, quilts, instruments, and personal effects.

### B51 Red Mountain Park Tour Tuesday, October 4



**Coordinator:** Martha Weber  
**Register by:** Tuesday, September 20  
**Depart 1:00 pm; Return 3:30 pm**  
**Activity Level:** Moderate to moderately strenuous; wear shoes suitable for hiking and bring water

**Cost:** No charge for the tour, Bring \$1 for gas

In coordination with Red Mountain Park's presentation in the morning, tour the park in the afternoon to see firsthand the historical and natural features, restoration efforts, and the goats (depending where they are at that time, we may see them or the effects of their work). You do not need to have attended the presentation to take the tour. Some golf carts will be available for staff to drive those with difficulty hiking (please advise the Registration Desk if you will need this service).



### B52 Alabama History Tour December 10



**Coordinator:** Bob Sholund  
**Register by:** Monday, November 28  
**Depart 8:00 am; Return 5:00 pm**

**Activity Level:** Easy; wear comfortable shoes for tours  
**Cost:** Bring \$12 for tours and \$5 for gas; lunch Dutch-treat

At The University of Alabama, in Tuscaloosa, we will visit the Alabama Museum of Natural History, which includes the Sylacauga meteorite among its exhibits. We will then have a guided tour of the 1829 Gorgas House Museum, the oldest structure on the campus, which houses original Gorgas furnishings, memorabilia, and a collection of 19th century artifacts. Following a Dutch-treat lunch, we will visit the Moundville Archeological Museum and Park, a large settlement of Mississippian culture that was once a political and religious center.



Share about your trip experience  
and upload photos to  
[facebook.com/olli.ua.edu](https://facebook.com/olli.ua.edu)



# OLLI at UA 2016 Fall Registration Form

For multiple registrations, please duplicate this form. Please submit this entire page for your registration.

[ ] Dr. [ ] Mr. [ ] Ms. [ ] Mrs. Name (First) \_\_\_\_\_ (Last) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail Address \_\_\_\_\_ Day Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Please circle how you first heard about OLLI? Friend Catalog Newspaper Radio Magazine Ad Other \_\_\_\_\_

## Please circle your "Home Base":

Tuscaloosa Gadsden Greater Birmingham  
Greensboro North Pickens South Pickens

Annual Membership \$25	\$ _____
Semester Fee (courses) \$50	\$ _____
Materials Fee (if applicable)	\$ _____
Field Trip Fee	\$ _____
UA Campus Parking \$10 (if applicable)	\$ _____
Contribution to OLLI Gift Fund	\$ _____
Contribution to OLLI Scholarship Fund	\$ _____
<b>TOTAL</b>	<b>\$ _____</b>

Contribute to OLLI online at <http://olliving.ua.edu>

## Method of Payment

[ ] Check

[ ] Charge \$ \_\_\_\_\_ to my credit card:

Card# \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security/Verification Code \_\_\_\_\_

Authorizing Signature \_\_\_\_\_

Note: The University of Alabama is committed to complying with the Americans with Disabilities Act. Requests for accommodation of physical and/or dietary needs should be made at least 30 calendar days in advance of the program date. Please email your request to [janderson@ccs.ua.edu](mailto:janderson@ccs.ua.edu). OLLI is not responsible for any damage or personal injury sustained while a member or guest is participating in an OLLI sponsored activity either on or off the UA campus. A portion of the invoice amount for this program will go to the Capstone Lifelong Learning Foundation to support The University of Alabama College of Continuing Studies.

## REGISTRATION IS FIRST COME, FIRST SERVED



**Online Registration**  
available via the internet at:  
<http://olli.ua.edu>



**Phone-in registration to:**  
(205) 348-3000  
or 1-866-432-2015



**Mail form and fee to:**  
Registration Services College of Continuing Studies  
The University of Alabama  
Box 870388, Tuscaloosa, AL  
35487-0388

Registration # 1500617

## OLLI Field Trips, Online Lectures and Supper Clubs (Members from all locations are invited to sign up)

### Field Trips

#### Departs from Tuscaloosa

- [ ] A131 Int'l Mtr Sports, Higher Grounds, Fri, Sept 16, \$56
- [ ] A132 Kyser Catfish & Auburn Rural Studio, Fri, Sept 23, \$48
- [ ] A133 Vizzini Farms Winery, Petals from Past, Fri, Sept 30, \$54
- [ ] A134 Civil Rights Tour on Campus, Fri, Oct 7, \$24
- [ ] A135 AL Wildlife Federation's NaturePlex, Fri, Oct 14, \$59
- [ ] A136 Camp McDowell, Fri, Oct 21, \$46
- [ ] A137 Greensboro – Historic Homes, Fri, Oct 28, \$23
- [ ] A138 Bamboo, Feijoa & Sugar Cane, Fri, Nov 11, \$20
- [ ] A130 NYC Christmas Tour, Nov 29-Dec 2, \$1,759 dbl
- [ ] A130 NYC Christmas Tour, Nov 29-Dec 2, \$2,199 sgl
- [ ] A139 Christmas at the Alabama Theater, Sun, Dec 11, \$39

#### Departs from Gadsden

- [ ] G50 Booth Art, Tellus Science Museum, Fri, Sept 9, \$50
- [ ] G51 Explorations in Antiquity Center, Fri, Sept 23, \$60
- [ ] G52 Hills and Dales Estate, Fri, Oct 7, \$45
- [ ] G53 AL Jazz Hall of Fame, AL Theatre, Fri, Oct 21, \$45
- [ ] G54 Helen, GA, Fri, Oct 28 - Sun, Oct 30, \$280 dbl
- [ ] G54 Helen, GA, Fri, Oct 28 - Sun, Oct 30 \$480 sgl

#### Departs from Birmingham

- [ ] B50 Lyric and Alabama Theaters, AL Jazz Hall of Fame, Fri, Sept 9, \$23
- [ ] B51 Red Mountain Park, Tue, Oct 4
- [ ] B52 Alabama History Tour, Sat, Dec 10, \$12

### Online Lectures

- Pre-Recorded Lectures available online
- [ ] A160 OLLI Pre-Recorded Course Lectures, Online

### OLLI Supper Clubs

#### Departs from Tuscaloosa

- [ ] A150 Jim 'n Nick's Bar-B-Q, Sept 27
- [ ] A151 Cypress Inn, Oct 25
- [ ] A152 Mr. G's Italian Restaurant, Nov 29

#### Departs from Gadsden

- [ ] G60 Highlands Bar and Grill, Sept 20
- [ ] G61 Cheaha Brewing Company, Oct 4
- [ ] G62 Aqua Restaurant, Oct 18

All courses are  
listed on the  
reverse side

**TUSCALOOSA COURSES**

- [ ] A10 Leonardo and the Last Supper
- [ ] A11 Greco-Roman Mythology:
- [ ] A12 Nutrients of Our Food
- [ ] A13 Intro to Fabric Art of Smocking, \$20
- [ ] A14 Early History of AL, Tuscaloosa
- [ ] A15 Introduction to Genealogy
- [ ] A16 Favorite Sites - World Traveler
- [ ] A17 Media Matters
- [ ] A18 Women World Leaders
- [ ] A19 Sharing - American Art Treasures
- [ ] A20 Getting to Know Poe
- [ ] A21 Advanced Knitting and Crocheting
- [ ] A22 World War II, Pacific
- [ ] A23 Christmas through .. Old Masters
- [ ] A24 Quilting Beyond the Basics
- [ ] A25 Community - Hazards Awareness
- [ ] A26 Plymouth Colony: 1620-1690
- [ ] A27 Pygmalion Projects: Literature
- [ ] A28 Basic Computer Security
- [ ] A29 Basic Microsoft Word – Sept
- [ ] A30 Basic Microsoft Word – Oct
- [ ] A31 Mad About These Movies!
- [ ] A32 A Sample of China
- [ ] A33 Card Tricks to Amaze Your Friends
- [ ] A34 Finding Your Ancestors: Genealogy
- [ ] A35 Computer Basics: Beginning
- [ ] A36 Development of the Electoral College
- [ ] A37 Science for Non-Scientists
- [ ] A38 Your Money, Your Life!
- [ ] A39 Intro to Baking, Sep/Oct, \$15
- [ ] A40 Intro to Baking, Oct/Nov, \$15
- [ ] A41 Beginning Sewing
- [ ] A42 Playing with Clay Tuesday, \$25
- [ ] A43 Tai Chi
- [ ] A44 Conquistadors in the New World
- [ ] A45 A Quirky Review Tuscaloosa's History
- [ ] A46 "Act like You Mean it"
- [ ] A47 Line Dancing
- [ ] A48 Please Do Not Feed The Fears!
- [ ] A49 More Places We've Lived
- [ ] A50 Readin', Writin', Talkin' about Books
- [ ] A51 The Path to Empathy
- [ ] A52 Woodworking: Table Building, \$25
- [ ] A53 Personality, Philosophy, & Power
- [ ] A54 Storytelling
- [ ] A55 Napkin Folding
- [ ] A56 Trees of Alabama
- [ ] A57 William and Jane go to the Movies
- [ ] A58 Healthy Relationships
- [ ] A59 Beginning Guitar
- [ ] A60 Music, Sounds for Health
- [ ] A61 Beginning iPhone/iPad, Sep/Oct
- [ ] A62 Beginning iPhone/iPad, Oct/Nov
- [ ] A63 Current Issues U.S Law Enforcement
- [ ] A64 Don Quixote
- [ ] A65 Bridging the Digital Gap
- [ ] A66 Thoroughly Modern Chaucer
- [ ] A67 Splendor in the Glass: Fused, \$35
- [ ] A68 Making a Tote Bag, \$15
- [ ] A70 Intro to Slip-casting Ceramics, \$120
- [ ] A71 Basic Floral Design, \$25
- [ ] A72 Sea Monster Ecology and Evolution
- [ ] A73 Introduction to Birding
- [ ] A74 19th and 20th Century Short Stories
- [ ] A75 Paint Play 101 with Chalk Paint, \$50
- [ ] A76 Furniture Stripping and Refinishing, \$25
- [ ] A77 Beginning Bridge, Part 1
- [ ] A78 Glass on Glass, \$15
- [ ] A79 An Introduction to Woodcarving
- [ ] A80 Painting a Sunflower in Acrylic, \$30
- [ ] A81 Yoga for Healthy Aging
- [ ] A82 AL Writers Hall of Fame Inaugural Class
- [ ] A83 Out of the Past
- [ ] A84 Spanish 1 for True Beginners
- [ ] A85 Make an E-Z Toboggan
- [ ] A86 Adaptive Athletics
- [ ] A87 The Roosevelts: An Intimate History
- [ ] A88 Get to Know Your Mac
- [ ] A89 Computer Combo - 3:15 pm Wed Oct
- [ ] A90 Power of Thought
- [ ] A91 The News about the News
- [ ] A92 Decorating Alabama Birdhouses, \$25
- [ ] A93 Playing with Clay Thursday, \$25
- [ ] A94 Computer Combo - 9 am Thur Sep
- [ ] A95 Computer Combo - 9 am Thur Oct
- [ ] A97 Four Victorian Mysteries
- [ ] A98 Get to Know Your Area Agency on Aging
- [ ] A99 A French Way of Life
- [ ] A100 Mini-Medical School
- [ ] A101 Beginning German
- [ ] A102 Beginning Drawing, \$25
- [ ] A103 Introduction to Oil Painting, \$35
- [ ] A104 Woodturning 101, \$25
- [ ] A105 Alabama Politics
- [ ] A106 American Musical Theatre
- [ ] A107 Spanish III
- [ ] A108 Cyber Security: Identity Theft
- [ ] A109 Computer Combo 3:15pm Thurs Sept
- [ ] A110 Computer Combo - 3:15 pm Thurs Oct
- [ ] A111 The Art of Scrapbooking

- [ ] A112 AAA AL Def. Driving, \$10 lunch  
Plus Registration with AAA required
  - [ ] A113 Fall Crafts, \$50
  - [ ] A114 History/Walking Tour of Stillman College
  - [ ] A115 Stress Management Workshop, \$10
- Bonus Programs - See Page 18

**GADSDEN COURSES**

- [ ] G10 Do You Have Something You Want to Sell?
  - [ ] G11 The Constitution of the USA
  - [ ] G12 Stolen Priority?
  - [ ] G13 Get Your Groove Back
  - [ ] G14 Do You Like Beautiful Jewelry?, \$14
  - [ ] G15 The War to End All Wars
  - [ ] G16 "What it was, was Football"
  - [ ] G17 Mahjong
  - [ ] G18 Bridge for Beginners
  - [ ] G19 What's Your Story?
  - [ ] G20 Revolting Women
  - [ ] G21 Development of the Electoral College
  - [ ] G22 History Over Easy
  - [ ] G23 Sitting Up with the Dead
  - [ ] G24 Medieval Literature
  - [ ] G25 Genealogy Club
  - [ ] G26 Armchair Travel
- Bonus Programs - See Page 22

**BIRMINGHAM COURSES**

- [ ] B10 The Holocaust
  - [ ] B11 Magic: How to Influence Friends
  - [ ] B12 The Civil War & Reconstruction in AL
  - [ ] B13 Learning to Write From Your Heart
  - [ ] B14 Chess: Brain Games
  - [ ] B15 Chess: Brain Games - Advanced
  - [ ] B16 Healthcare in the Senior Years
  - [ ] B17 AL Governance, Legislation..
  - [ ] B18 Science for Non-Scientists
  - [ ] B19 China's History & Current Political
  - [ ] B20 Water and the Environment
- Bonus Programs - See Page 26

**GREENSBORO**

Bonus Programs Only - See Page 28

**NORTH PICKENS**

Bonus Programs Only - See Page 29

**Bonus Programs are open to Members and their guests. No registration is needed. All locations have Bonuses.**

Osher Lifelong Learning Institute at The University of Alabama  
Fall 2016 Open Houses and On-Site Registrations

# OLLI IS FOR ALL

*take classes · make friends  
travel · enjoy life*



## Tuscaloosa

Thursday, August 19

9:00 am - 5:00 pm

Bryant Conference Center

## Gadsden

Thursday, August 12

4:00 - 6:00 pm

UA Gadsden Center

## Greater Birmingham

Thursday, August 25

1:00 - 1:30 pm

Vestavia Hills Civic Center

## Greensboro

Tuesday, September 13

5:00 - 5:30 pm

Horseshoe Farm Clubhouse

## North Pickens

Tuesday, August 30

5:30 - 6:00 pm

Gordo City Hall

Help OLLI grow. If you receive more than one copy of this brochure, please share it with a friend!