



Clarify and craft effective messages. Cultivate dynamic delivery. Calm public speaking anxiety.

CREATE CULTIVATE CALM

Speak Confidently.

Have an upcoming speaking engagement or presentation? Get started on the path to confident public speaking with one-on-one coaching with The University of Alabama.

Appointment options for private, face-to-face coaching with the Speaking Studio include:

- One or two hours coaching with Dr. Alexa Chilcutt or Dr. Adam Brooks, \$300 per hour
- One or more hours coaching with a professionally trained facilitator, \$150 per hour

Traveling to UA not an option?

- Coaching via Skype with a Speaking Studio professionally trained facilitator, \$150 per hour
- Does your entire team need coaching? We can come to you! Dr. Brooks and Dr. Chilcutt can create a custom workshop to suit your organization's specific public speaking and presentation needs, tailored to fit within your time constraints.

For information about coaching or the
Professionally Speaking Workshop,
contact Brenda Truelove at 205-348-9066
or truelove@ccs.ua.edu. Also, visit our website:
professionallyspeaking.ua.edu



Dr. Alexa Chilcutt



Dr. Adam S. Brooks

The
Speaking
Studio

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