

Thursday, October 5, 2017

- 8:30 am – 8:45 pm** **Welcome**
Dean Vikki Vandiver, DrPH
- 8:45 am – 10:15 am** **Building Individual and Organization Wellbeing and Resilience**
Amelia Franck Meyer, MS, MSW, LISW, APSW
- 10:15 -10:30 am** **Break**
- 10:30 am – 12:00 pm** **What is Wellbeing Anyway?**
Amelia Franck Meyer, MS, MSW, LISW, APSW
- 12:00 pm – 1:30 pm** **Lunch On Your Own**

1:30 pm – 2:30 pm **Concurrent Sessions**

Secondary Traumatic Stress and Child Welfare: Twenty Years of Knowing and So What? The phenomenon of secondary traumatic stress in the child welfare field was introduced more than 20 years ago. This presentation addresses the relationship between secondary traumatic stress and child welfare workers. It introduces the theories that support the concept, discusses the accurate and inaccurate use of traumatic stress terminology and concepts, and raises questions about how we use the empirical evidence of the impact of secondary trauma in child welfare workers through curriculum, continuing education and training, and research.	Birmingham Room IV Presenters: Josephine Pryce, PhD Kimberly Shackelford, LCSW
Promoting Well-Being Among Youth Aging Out of Foster Care with Disabilities: Using Data to Inform Practice In this presentation, participants will learn about the challenges faced by youth aging out (YAO) of foster care. The speaker will highlight the challenges faced by youth aging out of foster care, as well as the challenges specific to a large population of youth aging out with disabilities. The presentation will examine outcomes of youth with and without disabilities across measures of well-being including educational attainment, employment, housing, and incarceration. Participants will explore evidence-based practice approaches to decreasing health-related disparities and increasing well-being among all youth.	Birmingham Room III Presenter: Leah Cheatham, PhD, JD
The Magic Mix for Field: Uniting Baby Boomers to Millennials Successfully Social work field education is increasingly dealing with generational challenges in the field setting. This workshop will provide information and tools to help field instructors successfully bridge the gap between generations.	Birmingham Room V Presenters: Carroll Phelps, LCSW, PIP Carrie Turner, LICSW

2:40 pm – 3:40 pm Concurrent Sessions

Heart-Felt Service: The Antidote to Stress, Burnout, and Compassion Fatigue This workshop will challenge foundational assumptions around the topic of stress, burnout, and compassion fatigue. With humor, light-heartedness, and a bit of “sleight of hand,” the presenter will point participants beyond mere self-care strategies and techniques, to a more fundamental understanding of the “servant's heart and mind,” with the aim to “upgrade their software, not provide them with better apps.” From this vantage point, participants will begin to realize the potential to serve others from a place of peace, joy, and common sense, without the normal wear and tear.	Birmingham Room V Presenter: Jamie Sellers, MSW, LICSW
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Identifying the Impact of Grief, Loss and Trauma in Our Workplace In this presentation, participants will discuss the meaning of grief and loss, as well as the cause and effect of personal and professional trauma. The speaker will present the common signs and symptoms of stress due to grief, loss and traumatic events. Participants will learn that they are not exempt from these symptoms and will become able to identify when they need to seek help and why. The speaker will present techniques to use, as professionals, to respond appropriately to peers who appear to be experiencing these identified symptoms. Participants will work as a group in several activities to gain hands-on experience with these techniques.	Birmingham Room IV Presenter: Patsy Kinsaul, LICSW

3:40 pm – 3:55 pm Break

3:55 pm – 4:55 pm Concurrent Sessions

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How Healing Happens: Understanding the Power of Resilience in Children This workshop will explore what is going on “behind the scenes” when children recover from trauma and learn to re-discover life in fresh way that promotes resilience, hope, and well-being. It will review the various effects of trauma on children, discuss mitigating factors thought to influence these effects, and explore the common threads between trauma and resilience. Practical implications for this understanding will also be discussed.	Birmingham Room V Presenter: Brock Sellers, LCSW, PIP

5:00 pm – 7:00 pm Meet and Mingle

Friday, October 6, 2017

8:00 am – 9:00 am Concurrent Sessions

<p>Heart-Felt Service: The Antidote to Stress, Burnout, and Compassion Fatigue</p> <p>This workshop will challenge foundational assumptions around the topic of stress, burnout, and compassion fatigue. With humor, light-heartedness, and a bit of “sleight of hand,” the presenter will point participants beyond mere self-care strategies and techniques, to a more fundamental understanding of the “servant's heart and mind,” with the aim to “upgrade their software, not provide them with better apps.” From this vantage point, participants will begin to realize the potential to serve others from a place of peace, joy, and common sense, without the normal wear and tear.</p>	<p>Birmingham Room III</p> <p>Presenter: Jamie Sellers, MSW, LICSW</p>
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**9:10 am – 10:40 am A Conflict Resolution Approach to Managing Ethical Dilemmas:
From Crisis to Consensus
Allan Barsky, JD, MSW, PhD**

Ethics trainings typically provide child welfare and social work practitioners with strategic decision-making frameworks for analyzing ethical dilemmas. Although these frameworks help individual practitioners critically analyze ethical issues, they do not provide the skills they need to develop collaborative, win-win solutions. This workshop demonstrates a conflict resolution approach to managing challenging ethical issues, applying interest-based strategies and skills for building consensus between practitioners, supervisors, and clients with conflicting values and interests.

10:40am – 10:50am Break

10:50 am – 12:20pm The 2017 NASW Code of Ethics: Updating Your Policies and Practices
Allan Barsky, JD, MSW, PhD

In August 2017, the National Association of Social Workers approved significant amendments to the Code of Ethics. This workshop provides participants with the updates, their rationale, and applications to agency policy and everyday practice. The key changes to the Code relate to the use of technology, professional boundaries, cultural competence, disability, and confidentiality.

12:20 pm – 12:30 pm Closing Session
Kristy Holt, MSW